



# Arlington Family Connection

supporting children six and under and those who care for them

Volume VI, Issue 8 • November 2007

[www.arlingtonfamilyconnection.org](http://www.arlingtonfamilyconnection.org)

**Monday, Nov. 12 (Veterans Day)  
2-3:45pm (drop in anytime)  
Veterans Rink, 422 Summer St., Arl.  
AFC's 3<sup>rd</sup> Annual  
Tot Ice Skating Party**

Come introduce your kids to skating and socialize with other AFC members while enjoying a *gentle* skating experience with your children, ages 6 and under *only* please.

- Tot skates (sizes 6-13) will be available
- (Nut-free) snacks and drinks provided
- Helmets and mittens/gloves are required for all children for safety (bike helmets are OK)
- Larger skates (including adult skates) can be rented from the rink for \$4/pair
- The rink will have stacked milk crates to push around for balance – you can also bring your own.

\$1/person suggested donation to help us cover the costs of the party.

Info: Amy, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org) or 781-646-5417.

## Winter Skate Rentals from AFC

Want to teach your child to skate this winter? Looking for gently used skates at a reasonable price? Rent them from AFC! We have collected a large assortment of tot skates (sizes 6-13) that are available to AFC members to rent for the winter. Here are the details:

- \$10/pair to rent for the season
- \$10/pair security deposit by check (we won't cash it unless skates are not returned in the spring)

Try-on and pick up dates (please bring checks made out to AFC with you!):

- **End** of AFC's Skating Party, Mon., Nov. 12, 3:45pm
- Wednesday, Nov. 14, 6-8pm at 118 Ridge St.
- Saturday, Nov. 17, 3-5pm at 118 Ridge St.

Info: Amy, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org) or 781-646-5417.

## "Options" Night Open House a Success

Thank you to all AFC members who braved the rain and attended our 6th annual Childcare & Preschool Options Open House. This year we were thrilled to welcome over sixteen of Arlington's childcare facilities to the open house which was held at Stratton School on October 11. The room was buzzing with information about the various childcare options and programs available in our community.

### Thanks to Committee Members

Thank you to the Options Night Committee for organizing a fantastic event! The committee members were Kristen Strechay (team leader), Colleen Love, Kirsty John-Blyth and Dianna Queheillalt.

### Preschool and Childcare Booklet for Sale

If you missed Options Night you can still purchase AFC's 2007 *Preschool and Childcare Options in Arlington* booklet. The book contains a comprehensive list of licensed preschools and childcare facilities in Arlington along with useful information regarding tuition, student/teacher ratios, pickup/drop-off hours, and tips on what to look for, questions to ask when you visit centers, and more.

The book is an excellent resource to help you compare and determine which preschools will suit your schedule, budget, and the needs of your child. The 2007 *Preschool and Childcare Options in Arlington* booklet is on sale for \$8 at Isis Maternity (397 Mass Ave., Arlington Center) and Together in Motion (1 Broadway, East Arlington). It is also available at AFC Playtime, AFC's weekly drop-in playgroup (see AFC event calendar for details).

For more information, contact Kristen at [options@arlingtonfamilyconnection.org](mailto:options@arlingtonfamilyconnection.org)

# Volunteer Opportunities

## Winter Beach Party Coordinator

AFC needs a coordinator for this year's Winter Beach Party. Last March, the party was a tremendous success and raised over \$1,400 for local charities. Help us plan another one!

## Clerk

This is a great way to get involved in AFC with very little ongoing commitment. Prepare monthly steering committee agenda, attend and facilitate meetings, and take minutes.

## AFC Directory

**General Information** - Amy Speare, 781-646-5417  
[info@arlingtonfamilyconnection.org](mailto:info@arlingtonfamilyconnection.org)

**AFC Playtime** - Sarah Albers  
[playgroup@arlingtonfamilyconnection.org](mailto:playgroup@arlingtonfamilyconnection.org)

**Clerk** - Margit Griffith

**Community Service** - Lauren Boyle  
[community@arlingtonfamilyconnection.org](mailto:community@arlingtonfamilyconnection.org)

**e-Bulletin** - Ruth Schmidt  
[bulletinboard@arlingtonfamilyconnection.org](mailto:bulletinboard@arlingtonfamilyconnection.org)

**Events** - Jessie Keating  
[events@arlingtonfamilyconnection.org](mailto:events@arlingtonfamilyconnection.org)

**Kindergarten Connections** - Helene Ragovin  
[kinderconnect@arlingtonfamilyconnection.org](mailto:kinderconnect@arlingtonfamilyconnection.org)

**Membership** - Leah Nelson and Molly Sanford  
[membership@arlingtonfamilyconnection.org](mailto:membership@arlingtonfamilyconnection.org)

**Newsletter Editors** - Annette Donnelly and Carrie Finison  
[newsletter@arlingtonfamilyconnection.org](mailto:newsletter@arlingtonfamilyconnection.org)

**Newsletter Calendar** - Aimee Linker and Louise Friel  
[calendar@arlingtonfamilyconnection.org](mailto:calendar@arlingtonfamilyconnection.org)

**Options in Childcare & Preschool booklet** - Kristen Strechay  
[options@arlingtonfamilyconnection.org](mailto:options@arlingtonfamilyconnection.org)

**Outings** - Amy Speare  
[outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

**Seminars** - Maureen Igoe  
[seminars@arlingtonfamilyconnection.org](mailto:seminars@arlingtonfamilyconnection.org)

**Treasurers** - Ruth Kirby and Cynthia Murray  
[treasurer@arlingtonfamilyconnection.org](mailto:treasurer@arlingtonfamilyconnection.org)

**Web Site** - Seth Maislin  
[webmaster@arlingtonfamilyconnection.org](mailto:webmaster@arlingtonfamilyconnection.org)

**Working Moms** - Melanie Cooke and Su Joun  
[workingmoms@arlingtonfamilyconnection.org](mailto:workingmoms@arlingtonfamilyconnection.org)

**Editorial policy:** The Arlington Family Connection (AFC) newsletter is published monthly and is free with membership. Published articles reflect the views of the respective authors and do not necessarily represent the views of AFC. Childcare, healthcare and legal information is provided for informational purposes only. It is not intended as a substitute for medical or professional advice. Always consult your own healthcare provider for any decisions relating to your child's well being. Copyright remains with the individual author for bylined articles. All other materials are copyright Arlington Family Connection, 2007. Permission is granted to reproduce articles for which copyright is held by AFC provided appropriate credit is given and no fee is charged. The AFC newsletter accepts submissions from AFC members on issues relevant to families with children six and under. The editorial board reserves the right to refuse submissions for any reason. Send editorial submissions to:  
[newsletter@arlingtonfamilyconnection.org](mailto:newsletter@arlingtonfamilyconnection.org); calendar listings to  
[calendar@arlingtonfamilyconnection.org](mailto:calendar@arlingtonfamilyconnection.org)

# AFC Volunteers

AFC welcomes and thanks the following volunteers who have recently joined AFC or taken on new volunteer roles.

**Jessie Keating** will be taking over as seminar coordinator from **Maureen Igoe**. Thanks to Maureen for all her hard work organizing some great seminars for AFC! Jessie moved to Arlington about a year and a half ago from Seattle, Washington where she graduated from the University of Washington with a degree in Interdisciplinary Visual Arts. She had her first child, Eamon, in 2006. Prior to taking on her role as seminar coordinator, Jessie volunteered as events coordinator for AFC and organized many fabulous AFC events including last year's winter beach party, pizza party, Town Day, and many more. Jessie also started and ran the popular Baby Buggy Brigade.

AFC Playtime, AFC's weekly drop-in playgroup, has some new volunteer hosts who help to run the playgroup on a rotating basis:

**Kate Nugent** is a performer, writer, and corporate trainer. She lives in Arlington Heights with her husband, Dan, and daughter, Anna (20 months).

**Alfonso Velasquez** moved to Arlington in February with his wife and 17-month-old daughter, Magdalena. They are enjoying the community and have found Playtime to be a great opportunity to meet other kids.

**Sue Bavey** and her husband are Brits who moved to Boston nearly four years ago. Their daughter Ellie was born here in July, 2005, and a baby boy is on the way. Formerly, while in England, Sue worked as a website producer.

**Kirsty John-Blyth** is volunteering as a host of AFC Playtime and also worked on the organizing committee for the 2007 Preschool and Childcare Options in Arlington event and booklet. Kirsty and her family (which include Alice, 23 months, and Oliver, 5 months) relocated from the UK in 2001 and moved into Arlington a year and a half ago. Formerly, Kirsty worked as an elementary and preschool teacher, and most recently at an au pair agency in Cambridge.

## AFC Playtime!

Join us Monday mornings for a playgroup with coffee, fun with toys and friends, and closing circle time.

Mondays, 10-11:30am

Arl. Enrichment Collaborative, 2nd Fl., 1100 Mass. Ave., Arlington. \$3/family. Info: Sarah 781-316-8181, [playgroup@arlingtonfamilyconnection.org](mailto:playgroup@arlingtonfamilyconnection.org)



## Dogs in Arlington's Parks

Reprinted from an announcement on the Arlington Parents email list.

Arlington's Board of Selectmen is looking for input about the "Green Dog" concept for Arlington. This proposal – a pilot program for allowing controlled off-leash activity for dogs in Arlington, will be refined based on the public input received and will be presented at the next Town Meeting in spring, 2008.

An initial meeting was held on October 25 and follow up meetings will be held as scheduled below. The meetings will be devoted to discussion and input from neighborhoods where there is already dog walking activity.

All of these meetings will be held in the Selectmen's Meeting Room in Arlington Town Hall from 7:30-9:00pm and are open to the public.

- Thursday, November 8 (Poet's Corner and Ottoson Woods)
- Thursday, November 15 (Mt Gilboa, McClennan Field, Hurd Field, and the Reservoir)
- **Wednesday**, November 28 (Menotomy Rocks)
- Thursday, December 6 (Robbins Farm)
- Thursday, December 13 (Waldo Park, Thorndike, and Magnolia Fields)
- Thursday, January 3 (Spy Pond Park and Spy Pond/Hornblower Field: across from the Arlington Girls and Boys Club)
- Thursday, January 10 (Hill's Hill, Turkey Hill)

For more information on this program, please contact Leslie Mayer at [BLMayer@msn.com](mailto:BLMayer@msn.com).

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### November 18, 7-9:30pm Burlington Mall Shop for a Cause

Arlington Enrichment Collaborative (the middle school after school program and an AFC partner) is participating in the "Simon Evening of Giving" on November 18 at the Burlington Mall. This special event of private shopping and entertainment to help non-profits raise funds will be held from 7-9:30 p.m.

The Burlington Mall will be reserved exclusively for shoppers who have purchased a \$10 "Simon Evening of Giving" ticket, all proceeds of which will go directly to charity. For each ticket, Arlington Enrichment Collaborative will keep \$7 of the proceeds, and \$3 goes to the Simon Youth Foundation.

Please consider buying one or more tickets for yourself, a friend, or a family member! **All ticket sales must be completed by November 7.** For tickets or more information, contact Ann at AEC, [ann@arlingtonenrichment.org](mailto:ann@arlingtonenrichment.org) or 781-643-4794.

## Childcare and Preschool Options Booklet Corrections

Please note the following corrections to the 2007 *Childcare and Preschool Options in Arlington* booklet:

*Page 11.* Arlington Heights Nursery School offers both school year and year round programs for children 3mo-6 yrs, hours are 7:30-5:30PM

*Page 20.* Creative Start offers 9 teachers, 1 assistant, 1 social worker, 1 parent liaison, 1 manager of early childhood services, 1 center liaison. Hours are 7:30AM - 1PM. Offers 3 full day and 2 half day classes. For application contact main office at 781-648-0515.

*Page 21.* Creative Start at Pierce is no longer a separate program. Contact Creative Start at Mass Ave for details.

*Page 36.* Email address for Nancy Daly is [nancyadaly@aol.com](mailto:nancyadaly@aol.com). Email address for Sarah McDonnell is [sarah.mcdonnell@yahoo.com](mailto:sarah.mcdonnell@yahoo.com). Maureen Dunn/"A Mother's Touch Daycare" is no longer open.

*Page 37.* Email for Esmeralda Z. Perkell is [casaesme@rcn.com](mailto:casaesme@rcn.com)

*Page 38.* Email for Marie Powers is [amvrpowers@aol.com](mailto:amvrpowers@aol.com). Email for Kristen Ricker is [kristen.ricker@gmail.com](mailto:kristen.ricker@gmail.com)

## Give the Gift of AFC!

Looking for a  
unique holiday gift?

*An Arlington Family Connection membership makes a great new baby, new neighbor, or new friend gift! See the back page of this newsletter for a membership form, or visit the AFC website at [www.arlingtonfamilyconnection.org](http://www.arlingtonfamilyconnection.org) to print out a form.*



# AFC in Action

## October Highlights

### Childcare & Preschool Options Open House



### Together in Motion Outing



## November AFC Events

### Parent's Afternoon Out Saturday, Nov. 3

**2:30-5:30pm.** Arl. Enrichment Collaborative, 2<sup>nd</sup> Fl., 1100 Mass. Ave., Arl. Drop-off your kid(s) for an afternoon of fun with AEC staff and certified babysitters. Ages 6 mo. & up. \$19 for 1 child, \$30 for 2. **RSVP required by Oct. 30** Amy 781-646-5417, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

### AFC Playtime! Mon., Nov. 5, 12, 19, 26

**10-11:30am.** Arl. Enrichment Collaborative, 2<sup>nd</sup> Fl., 1100 Mass. Ave. (across from Jimmy's). Drop-in anytime at our weekly playgroup! Toys, coffee, closing circle time. Ages 0-4 yrs. \$3/family. Sarah 781-316-8181, [playgroup@arlingtonfamilyconnection.org](mailto:playgroup@arlingtonfamilyconnection.org)



### AFC Drop-in Playgroup Tuesday, Nov. 6

**3:30-5pm.** Fox Library Comm. Rm., Arl. First Tues. of month. Drop-in anytime. Perfect for non-mobile babies. A great place for caregivers to get to know each other without having to chase their kids around. Ages 0-4. Free. Sandra 781-859-5050, [playgroup@arlingtonfamilyconnection.org](mailto:playgroup@arlingtonfamilyconnection.org)

### AFC Steering Committee Mtg. Wednesday, Nov. 7

**7:30pm.** Open to all members. Arl. Enrichment Collaborative, 2<sup>nd</sup> Fl. 1100 Mass. Ave. Amy, 781-646-5417, [info@arlingtonfamilyconnection.org](mailto:info@arlingtonfamilyconnection.org)

### AFC Playground Fun: Parallel Playground Friday, Nov. 9

**3:30-5pm** (rain date Nov. 16). Parallel Playground, Medford St., Arl.. Come meet and play with other AFC families. Martina 781-316-8433, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)



### AFC Outing: Regent Theater with Laughing Pizza Saturday, Nov. 10

**10:30am.** Regent Theater, 7 Medford St., Arl. Audiences starved for smart, fun music that bridges the chasm between Barney and Britney make Laughing Pizza a fast-rising phenomenon. Special AFC price: \$10/adult, \$9/child. Mention AFC when purchasing tickets. 781-646-4849, <http://www.regentheatre.com>



### AFC's 3<sup>rd</sup> Annual Tot Ice Skating Party Monday, Nov. 12

**2-3:45pm.** Veteran's Memorial Skating Rink, 422 Summer St., Arl. Join us at this low-key and fun event. Snacks, drinks and skates provided. Please bring a bike helmet. \$1/person suggested donation. Ages 2-6. Amy, 781-646-5417, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)



### AFC at Together in Motion Tuesday, Nov. 13

**9:30-11am.** Together in Motion, 1 Broadway, Arl. Join us for an AFC exclusive visit! AFC discount price \$5/family. Eileen, 617-620-1772, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

### AFC Craft Time! Tuesday, Nov. 27

**4-5pm.** Fox Library. Drop-in anytime to make candles. \$2/child to cover supplies. 18 mo. & up. Maf 781-777-1994, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

### Mom's Night Out at Artbeat! Thursday, Nov. 29

**6-8pm.** Artbeat, 212-A, Mass. Ave., E. Arl. ([www.artbeatonline.com](http://www.artbeatonline.com)). Celebrate winter and make a mosaic while relaxing with other moms. Just in time for holiday gift giving. \$25 & up depending on the project chosen. Come when you can! RSVP to Susan, [781-648-3691](tel:781-648-3691), [danosue@rcn.com](mailto:danosue@rcn.com)

# Local Skating Programs & Rinks

By Amy Speare

Did your little tykes have so much fun at the AFC skating party that they want more? As a born and bred New Englander, I learned to skate on open ponds. But our recent history of mild winters hasn't provided many opportunities for outdoor skating. Here's a roundup of local beginner programs (and starting ages) and rinks with public skating sessions.

## Arlington Recreation

Veterans Memorial Rink, Arlington (PS)

18 mo. & up

[www.town.arlington.ma.us/Public\\_Documents/ArlingtonMA\\_Recreation/Programs/tikes](http://www.town.arlington.ma.us/Public_Documents/ArlingtonMA_Recreation/Programs/tikes) or 781-316-3880

## Bay State Blades

Burlington Ice Palace, Burlington (PS)

and Simoni Arena, Cambridge (PS)

2½ yrs & up

[www.baystateblades.com](http://www.baystateblades.com) or 888-74-SKATE

## Bay State Skating School

Flynn Memorial Rink, Medford

LoConte Rink, Medford

Simoni Arena, Cambridge (PS)

Veterans Memorial Rink, Somerville (PS)

4½ yrs. & up

[www.baystateskatingschool.org](http://www.baystateskatingschool.org) or 781-890-8480

## Belmont Recreation

"Skip" Vigliolo Skating Rink, Belmont

3 yrs. & up

[www.town.belmont.ma.us/Public\\_Documents/BelmontMA\\_Recreation/childprekskate](http://www.town.belmont.ma.us/Public_Documents/BelmontMA_Recreation/childprekskate) or 617-993-2760

## Hayden Recreation Center

Lexington (PS for members)

4 yrs. & up

[www.jwhayden.org](http://www.jwhayden.org) or 781-862-5575

## Sharper Edge Skating School

Valley Sports Arena, W. Concord

18 mo. & up

[www.sharperedgeskating.com/preschool.html](http://www.sharperedgeskating.com/preschool.html) or 978-369-0088

## Skating Club of Boston

Soldiers Field Rd, Boston

4 yrs. & up

[www.scboston.org/visitors\\_icesessions.php](http://www.scboston.org/visitors_icesessions.php) or 617-782-5900

(PS) Denotes public skating hours available. Call to check whether they allow crates for beginners. *Warning:* public skating sessions are open to all ages and abilities and may be daunting to beginners.

## Outdoor Public Skating

For the full winter experience try outdoor public skating at the following locations:

- Kendall Square, Cambridge  
[76.162.165.88/ice.html](http://76.162.165.88/ice.html)
- Charles Hotel, Harvard Sq., Cambridge,  
[www.charleshotel.com/iceskating.htm](http://www.charleshotel.com/iceskating.htm)

Refer to [www.masshockey.com/Rinks/](http://www.masshockey.com/Rinks/) for a complete list of Massachusetts rinks.



Amy shares the joy of skating with her kids at the AFC Skating Party last year.

## Choosing a Program

Here are a few things to consider when choosing a skating program:

- Is there a separate fee for a membership to the rink?
- Do they have public skating hours to practice?
- Do public skating hours allow crates for beginners?
- How quickly does the program allow kids to skate on their own? (tip: they may learn more quickly if parents are not on the ice)
- Do they require helmets (very important for safety)?

**Skater's Tip:** Keep your blades sharp! It makes for an easier (and less slippery) learning experience.

Amy Speare is an AFC volunteer and mother of 2 kids. She welcomes your feedback at [aspeare@verizon.net](mailto:aspeare@verizon.net)

# Local Events & Activities – November

For even more resources refer to [www.arlingtonfamilyconnection.org](http://www.arlingtonfamilyconnection.org)

## Arlington Venues

**Arlington Boys and Girls Club**, 60 Pond Lane, (Pleasant St. to Wellington St.). 781-648-1617. [www.abgclub.org](http://www.abgclub.org)

**Arlington Rec. Center & Veterans Memorial Rink**, 422 Summer St. (Rt. 2A). 781-316-3880.  
[www.town.arlington.ma.us/Public\\_Documents/ArlingtonMA\\_Recr\\_eation/index](http://www.town.arlington.ma.us/Public_Documents/ArlingtonMA_Recr_eation/index)

**Fidelity House**, 25 Medford St. 781-648-2005.  
[www.fidelityhouse.org](http://www.fidelityhouse.org)

**Fox branch library**, 175 Mass. Ave. (East Arlington, at Cleveland St.). 781-316-3198.  
[www.robbinslibrary.org/html/fox.htm](http://www.robbinslibrary.org/html/fox.htm)

**Gibbs Gym**, 41 Foster St. (also accessible from Tufts St., between Mass. Ave. and Broadway).  
781-316-3880.

**Isis Maternity**, 397 Mass. Ave., at Broadway.  
781-429-1598. [www.isismaternity.com](http://www.isismaternity.com)

**Regent Theatre**, 7 Medford St. 781-646-4849.  
[www.regenttheatre.com](http://www.regenttheatre.com)

**Robbins Library**, 700 Mass. Ave. (near Pleasant St./Rt. 60).  
781-316-3234. [www.robbinslibrary.org](http://www.robbinslibrary.org)

## Special Events for Families

### Once Upon a Time with Kidstock

140 Clarendon St. Boston,  
Nov. 3, 4, 10, & 11, 11am, **Rapunzel**  
All ages, \$8/person, children under 3yrs. Free,  
617-585-5678 or [www.lyricstage.com](http://www.lyricstage.com).

### Drop-In and Draw

Sun. Nov. 4 & 11, 1-3pm, Fogg Art Museum  
Courtyard, 32 Quincy St. Cambridge, Free for  
the courtyard only or included with gallery  
admission, Info: 617-495-9400 or  
[www.artmuseums.harvard.edu](http://www.artmuseums.harvard.edu)

### Silhouette Cutting with Jean Comerford

Nov. 9 & 10, 9:30-4pm, Concord Museum,  
200 Lexington Rd, Concord, Heirloom-quality  
art makes a good gift or keepsake, sittings are  
10 minutes each, registration required, Ages: 6  
months- adult, \$28/profile with \$10 for  
additional copies. Info: 978-369-9763 or  
[www.concordmuseum.org](http://www.concordmuseum.org).

### Belmont World Film's Family Festival

Sat. Nov. 10, 376 Trapelo Rd. Belmont,  
**10:30am**-Animated Best Loved Children's  
Books Program I (ages 4-8)

**12:30am**- Animated Best Loved Children's  
Books Program II (ages 4-8)

**3pm**- Rhythms of the World, music and  
storytelling for all ages, \$3 all events, Info:  
617-484-3980

### MIT Model Train Club Open House

Sat. Nov. 17, 2-5pm or 7-10pm, MIT Museum  
Building (Bldg. N52) room 118, 265 Mass.  
Ave. Cambridge, Come see trains running,  
signals working, and more. Free, Info: 617-  
253-3269 or [www.tnrc.mit.edu](http://www.tnrc.mit.edu).

### The Day It Snowed Tortillas

Fri. Nov. 23, 10:30am, JFK Library, Columbia  
Point, Boston, Come see this funny Mexican  
folktale and puppet show. Appropriate for all  
ages, Free, but reservations are required for  
space, Info: 617-514-1646

### MIT (F.A.T) Chain Reaction

Fri. Nov. 23, 1-4pm, Rockwell Cage Gym, 120  
Vassar St, Cambridge, Imagine a ball rolling  
down a track that lands on a board that tips a  
book that falls onto a string that pulls six  
precariously balanced blocks that fall onto a  
pan causing it to get heavy enough to fall and  
make a big crashing sound followed by... Yes,  
you get the idea! \$10/adult, \$5/child under  
18yrs. (fee includes an additional one- time  
free entry to the MIT Museum -valid for the  
next 30 days) Info: 617-253-5927

### Zoolights

Thanksgiving- Dec. 30, 5-9pm, Stone Zoo,  
149 Pond St. Stoneham, Visit Santa (through  
Dec.23) and a magical holiday world filled  
with fairy tale characters and dancing plush  
animals **Belmont Kidspace**. Walk tree lined  
paths lit by thousands of twinkling lights.  
\$4/person, under 2yrs/free, Santa photos and  
carousel rides cost extra, 781-438-5100 or  
[www.zoonewengland.com](http://www.zoonewengland.com).

### Free Friday at the Zoo

Both the Stone Zoo in Stoneham (149 Pond  
St.) & the Franklin Park Zoo in Dorchester (1  
Franklin Park Rd.) have **FREE ADMISSION**  
**ALL DAY** the Friday after Thanksgiving.  
781-438-5100 or [www.zoonewengland.com](http://www.zoonewengland.com)

### Make Your Own Book

Fri. Nov. 23, 11-2:30pm, Concord Museum,  
200 Lexington Rd., Concord, Drop-in, learn,  
create, and spend time with your family while  
making your own book. Artist Susan Gaylord  
will be giving ongoing demonstrations and  
workshops. All ages, Free with museum  
admission. Info: 978-369-9763.  
[www.concordmuseum.org](http://www.concordmuseum.org).

### Magic Show & Workshop

Sat. Nov. 24, Concord Museum, 200  
Lexington Rd. Concord, Come see an all ages  
magic show followed by a workshop (ages  
4yrs.+ ) where you can learn to do your own

magic trick! Also take home a packet of tricks.  
Performances at **11am, 1:30pm, & 2:30pm**.  
978-369-9763 or [www.concordmuseum.org](http://www.concordmuseum.org)

### Boston Tree Lighting Ceremony

Nov. 29, 6pm, Boston Common, Attend  
Boston's official tree lighting ceremony during  
a holiday sing-along. Trees throughout the  
common and public garden will be lit. A stage  
show will include carolers, local and  
international entertainment, Santa, and more!  
Info: 617-635-4505 or  
[www.cityofboston.gov/parks](http://www.cityofboston.gov/parks)

### BosTix Junior

Bring your child to the theater to see family  
friendly plays and musical productions. Shows  
like, **The Wizard of Oz, The Lion, the  
Witch, and the Wardrobe, and Cabaret  
Noel: Sing-Along Secession** are all coming  
soon to theaters around Boston. Info:  
[www.BosTix.org](http://www.BosTix.org)

### Baby Loves Disco

Last Sunday of each month, 2-5pm,  
Revolution Rock Bar, 200 High St. Boston,  
\$12 (non-walkers, free) Childproof  
disco/dance party with "real" music by the  
legendary DJ kon, healthy snacks by Wild  
Oats, bar available for mom and dad. Info:  
[www.babylovesdisco.com](http://www.babylovesdisco.com)

### Holiday Family Concert

Dec. 1, 2pm, Wellesley Hills Congregational  
Church, 207 Washington St. Wellesley, Join  
the Back Bay Ringers for holiday carols and a  
sing-a-long. Free, Info: 617-688-5768

### United States Air Force Band of Liberty Holiday Concert

Sun. Dec. 2, 3pm, Framingham Town Hall,  
(Memorial Bldg.) 150 Concord St.  
Framingham, Come enjoy some holiday  
music, Santa may stop by for some holiday  
cheer, Free, all ages

## Sing-alongs & Music

### **Monday**

5pm. **Finagle a Bagel**, 91 Middlesex Tpke, Burl. Ed Morgan performs fun original and classic children's songs. Free 781-273-6500, [www.finagleabagel.com](http://www.finagleabagel.com)

11am. **Stellabella Toys**, 1967 Mass. Ave., Camb., Porter Sq. Sing-along, play games Free For more information call 617-864-6290

### **Tuesday**

#### **Tim Seston Songs and Stories**

Nov. 13 & 27, 9-9:45am, Main Streets Market and Café, 42 Main St. Concord, Infant and toddler sing-a-long & playtime, Free, every other Tues. Info: 978-396-4149

### **Wednesday**

#### **Bear Rock Café**

10am, 350 Cambridge St. Woburn (near Whole Foods), Info: 781-938-6100 or [www.bearrockcafe.com](http://www.bearrockcafe.com)

#### **1<sup>st</sup> and 3<sup>rd</sup> Friday of the month**

10am, Calvary Church, 300 Mass. Ave. Join Diane Taraz for a fun sing-a-long, \$1/person, Info: [www.dianetaraz.com](http://www.dianetaraz.com)

### **Saturday**

11am. **Stellabella Toys**, 1360 Cambridge St. Inman Sq.. Camb. Sing songs, play games Free 617-491-6290

## Storytimes and Library Programs

#### **Debbie Cavalier and Friends**

Sat. Nov. 3, 3pm, Robbins Library, Songs, dancing, and fun. Ages: 0-6yrs. Tickets available on day of program, Info: 781-316-3234 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

#### **Thanksgiving Craft**

Sat. Nov. 10, 10am-2pm, Robbins Library, Come make a turkey centerpiece for Thanksgiving. All ages, Drop-in, Info: 781-316-3234 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

#### **Drop-In Storytime at Robbins**

**Toddlers** (18 months-2.5 yrs.) Mondays, 10:30am, Nov. 5, 19, & 26 Stories, rhymes, fingerplays, and a simple craft

**Preschoolers** (2.5 yrs. and up) Mondays, 11am, Nov. 5, 19, & 26 Longer stories followed by a craft

#### **3-5 Year Olds**

Wednesdays, 10:30am, Nov. 7, 14, 21, & 28 Stories, rhymes, games, fingerplays, & a craft 781-316-3234 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

#### **Sing-a-long at Robbins**

Tuesdays, 10am, Nov. 6 & 13 Infants and toddlers, space is limited so tickets are given out that day beginning at 9am. Info: 781-316-3234 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

#### **1<sup>st</sup> Thursday of the Month Singalong at Fox**

Nov. 1, 10am, Fox Library, Join Sulinha for singing, dancing, and fun! Info: 781-316-3198

#### **Drop-In Storytime at Fox**

Tuesdays, Nov. 6, 13, 20, & 27,

**Ages 2-3yr.** 10am (6<sup>th</sup>&13<sup>th</sup> stories in Spanish)

**Ages 4-5yrs.** 10:30am

Stories and fingerplays followed by a craft Info: 781-316-3198 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

#### **Baby Brunch**

Thurs. Nov. 8, 10am-11am, Fox Library, Calling all babies born between May '07 & Oct. '07. Bagel brunch, songs, stories, meet new friends and get a free book. Please sign up. 781-316-3198 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

### **Tuesday**

#### **Barnes & Noble**

98 Middlesex Tpke., Burlington Preschoolers, 10:30am, Free, 781-273-3871

#### **Harvard Coop**

11am, 1400 Mass. Ave. Camb. Preschool story hour with snack and craft, Free, Info: 617-499-2000 or <http://harvardbkstore.com>

#### **Pottery Barn Kids**

10am, Burlington Mall, Free, 781-221-5833

### **Wednesday**

#### **Porter Square Books**

11am, Porter Sq. Shopping Ctr. Camb. Free 617-491-2220, [www.portersquarebooks.com](http://www.portersquarebooks.com)

#### **Starbucks, Arlington Center**

10am, 327 Broadway, Free, 781-641-2893

### **Thursday**

#### **Henry Bear's Park**

11am, 685 Mass. Ave. Arl. 781-646-9400 and 361 Huron Ave, Camb. 617-547-8424, Ages: 3-6yrs. Free, Info: [www.henrybear.com](http://www.henrybear.com)

### **Friday**

#### **Barefoot Books**

10:30am, 1771 Mass. Ave. Camb. A fun hour of age- appropriate stories, coloring and refreshments, Free, Ages 1yr.+ Info: 617-349-1610 or [www.barefootbooks.com](http://www.barefootbooks.com)

#### **Barnes & Noble**

98 Middlesex Tpke. Burlington, Pajamarama: 7pm, Free. 781-273-3871

#### **Concord Museum Story Hour**

Fri. Nov. 9, 1pm. Concord Museum, 200 Lexington Rd., Concord. For ages 3-5 years; adult/child program, \$5/pair, members, \$8/pair, nonmembers. The story this month has an autumn theme. Activity and snack registration required Info: 978-369-9763. [www.concordmuseum.org](http://www.concordmuseum.org)

### **Saturday**

#### **Barefoot Books**

10:30am. 1771 Mass. Ave. Camb. A fun hour of age- appropriate stories, coloring and refreshments, Free, Ages 1yr.+ Info: 617-349-1610, [www.barefootbooks.com](http://www.barefootbooks.com)

#### **Harvard Coop**

11am, 1400 Mass. Ave. Camb. Preschool story hour with snack and craft, Free, 617-499-2000 or <http://harvardbkstore.com>

## Other Arlington Fun Stuff

#### **Adoptive Family Gym Mixer**

Mon, 9:30-11am. Together in Motion, 1 Broadway, Arl. \$5/child. For families with children 0-6.years. Call 781-643-1377. [www.togetherinmotion.com](http://www.togetherinmotion.com)

#### **Arlington Boys and Girls Club**

Offers many fun, fall classes for children and a **Parent and Child Drop-in Swim** (Sept. 11-Nov. 27) Tuesdays at 10:30- 11:15, \$4/child Info: [www.abgclub.org](http://www.abgclub.org)

#### **Arlington Center for the Arts**

Offers many fun, fall classes for children Info: 781-648-6220 or [www.acarts.org](http://www.acarts.org)

#### **Arlington Recreation Dept.**

Offers many fun, fall classes for children. Info: 781-316-3880 or [www.arlingtonma.gov](http://www.arlingtonma.gov)

#### **Artbeat Weekend Workshops**

Saturdays, 3-6pm, 212A Mass. Ave, Arl. Free instruction, pay for materials, Ages 4yrs+

**Nov. 3:** Glitter Candles

**Nov. 10:** Stained Glass Sun Catcher

**Nov. 17:** Beaded Pens and Boxes

**Nov. 23 & 24: ALL DAY 10am-6pm**

Gift Making Bonanza: Decopatch Gifts Info: 781-646-2200, [www.artbeatonline.com](http://www.artbeatonline.com)

#### **Capitol Theater Movies for Caregivers with Babies**

Mondays. 204 Mass. Ave. Arl. Begin between 1-2pm. New movies chosen weekly. \$5/adult Nursing, bottle feeding, fussing, changing diapers are never frowned upon. Info: 781-648-6022, [www.somervilletheatreonline.com](http://www.somervilletheatreonline.com)

#### **Family Fun Saturdays**

10:30am, Regent Theatre, 7 Medford St. Arl. , **Nov. 3,** The Frog Princess, **Nov. 10,** Laughing Pizza, **Nov. 17,** Rob Surette's, "Amazing Hero Art" **Nov. 24,** Sing-a-long Mary Poppins (additional screenings Thanksgiving week), Info: 781-646-4849 or [www.regenttheatre.com](http://www.regenttheatre.com)

#### **Fidelity House**

25 Medford St. Arl. Offers classes for preschoolers that also have a drop-in option **Tot Time**, Fridays, 9:30am or 10:30am, 1 hr. structured activity time designed to develop fine/gross motor and social skills, parent remains w/child, \$5 drop-in fee (space permitting), or \$20 for 5 wks.(Oct. 5-Nov.2 or Nov. 9- Dec. 14) Info: 781-648-2005 or [www.FidelityHouse.org](http://www.FidelityHouse.org)

#### **Isis Maternity**

Programs and products for expecting and new parents. **AFC member discount-1<sup>st</sup> month free.** [www.isismaternity.com](http://www.isismaternity.com)

#### **Mom and Me Pilates**

Thurs. 9:15am. Atelier Pilates, Union Sq., Som. 5-class cards for \$75, 6<sup>th</sup> class free. Drop-in for \$19. Registration required, Call Megan Berry 617-718-0237 or visit [megan@mommanet.com](mailto:megan@mommanet.com)

#### **Music Together**

Explore what music sounds like, looks like, and feels like. Call 781-648-4084 or visit [www.musictogetherofarlington.com](http://www.musictogetherofarlington.com)

#### **Parent and Tot Connection**

Fridays, 9:30-11am, Arl. Boys & Girls Club, Drop-in playgroup for toddlers and preschoolers with caregiver, Play, crafts, stories, music, Free, Info: [www.abgclub.org](http://www.abgclub.org)

### **Puddlestompers Playgroup**

Wednesdays, 10am-12, local playgrounds (free) or the Fox Library Community Room (\$1). This drop-in playgroup is for toddlers, preschoolers, siblings and their caregivers. Come make friends and have fun! Meeting locations are emailed on Tues. nights. To be added to the group email list contact Sarah at 781-648-3342 or [siendo@verizon.net](mailto:siendo@verizon.net).

### **Toddlers and Twos**

Every Weds. & Fri. 9:30-11am, Gibbs Gym, Foster St. Indoor play program for tots (15-36 months) and parents, structured for the development of gross and fine motor skills, \$45/10 visit pass or \$5 drop-in/child, Info: 781-316-3880 or [www.arlingtonma.gov](http://www.arlingtonma.gov).

### **Together in Motion**

1 Broadway, E. Arl. Drop-in play space with 3 areas for: crawlers, open play; organized games. Ages 0-6. Mon-Fri 1:30-5pm; Mon, 11am-12:30pm; Wed, 9:30am-noon; Sat&Sun, 9-11am. \$7/ages 1-6; \$5, 6-12 mos; under 6 mos, free with playing sibling. Fall classes include: **Itsy, Bitsy Yoga, Matial Arts Sampler, Creative Movement, and Movin' & Groovin'**, Info: 781-643-1377 or [www.togetherinmotion.com](http://www.togetherinmotion.com)

### **Veteran's Memorial Skating Rink**

422 Summer St. \$3/children under 16, \$6/adult Public Skating: **Mon.** 12-1:50pm, **Thurs.** 9-11am, **Fri.** 11-1pm, 2:30-4:30pm, & 7-9pm, **Sat.** 4-5:50pm, **Sun.** 9:30-11:30am, & 2-4pm, Info: 781-316-3880 or [www.arlingtonma.gov](http://www.arlingtonma.gov).

## **Indoor Playspaces**

### **Bedford Family Connection Playroom**

Mon.-Fri. 9:30-11:30am, First Parish Church 75 The Great Rd. Bedford (use Elm St. entrance) Info: contact Amy Pearson at [alm.pearson@verizon.net](mailto:alm.pearson@verizon.net) or [www.kidsplaybedford.com](http://www.kidsplaybedford.com).

### **Belmont Kidspace**

Payson Park Church (lower level) 365 Belmont St. Belmont, This indoor playspace is a parent run co-op where families with infants, toddlers, and preschoolers can have lots of fun. **OPENS Sat. Nov. 4**, Hours: **Mon. & Thurs.** 1-5:30pm, **Fri.** 5-8pm, **Sat.** 9am-12, **2<sup>nd</sup> & 4<sup>th</sup> Sun.** 2-5, **3<sup>rd</sup> Sun. of the month** 2-5pm for special children, See website for admission info. [www.belmontkidspace.org](http://www.belmontkidspace.org)

### **Winchester Recreation Playtime**

Thurs. 9:30-11 am, 263 Main St. Winchester, Drop-in, \$5/family, Ages: 9 months-4yrs. Info: 781-721-7125

### **Winter Park**

Waldorf School, 739 Mass. Ave. Lex. Starting later this month, Call for location and times. 781-863-1062 or [www.thewaldorfschool.org](http://www.thewaldorfschool.org)

### **Gymnastics Academy of Boston**

Open gym Mon.-Fri. 11:30am-1pm. Drop-in and explore. \$5/members, \$10/non-members Info: 617-441-9700 or [www.gymnasticacademy.com](http://www.gymnasticacademy.com).

### **TumbleKids Open Gym**

38 River St., Winchester- **Thurs. 10:30am-12 & Fri. 12:30-2pm.** (781-721-1144) or 201 Arl. St., Watertown- **Fri. 12:30-2pm.** (617-926-2640) \$10/child. Classes offered for an additional fee. Info: [www.tumblekidsusa.com](http://www.tumblekidsusa.com).

### **Kids Playground**

15 Normac Rd., Woburn Indoor playground with playspace, tubes and tunnels, mini golf. Info: 781-935-2300, [www.kidsplayground.com](http://www.kidsplayground.com).

### **Perpetual Motion**

345 Chelmsford St., Lowell (off Rt. 3) Indoor playground for kids 0-6yrs. Info: 978-452-0777 [www.perpetualmotioninc.com](http://www.perpetualmotioninc.com).

### **MyGym**

1065 Comm. Ave. (behind Shaw's) Boston, New indoor playspace for babies and toddlers. Open gym: Mondays at 4pm and Thursdays at 2:15pm, Info: 617-789-3669

## **Beyond Arlington**

### **Puppet Showplace Theatre**

Sat. & Sun. 1 & 3pm shows, Weds. & Thurs. 10:30am show. 32 Station St., Brookline. Ages 3 and up. Age appropriateness varies per show. \$7.50/members, \$9.50/non-members. Info: 617-731-6400, [www.puppetshowplace.org](http://www.puppetshowplace.org).

### **Home Depot Kid's Workshop**

1<sup>st</sup> Sat. of the month, 10am-noon, 10 1<sup>st</sup> Ave., Waltham. Drop-in build-it-yourself project, Ages 2+ with an adult. Call 781-672-0900

### **Play Academy**

25 Riverside Ave. Medford. Offers classes for infants-age 5yrs; Drop-off program. Info: 781-738-PLAY, [www.play-academy.com](http://www.play-academy.com).

### **Pre-school Movies**

Tues. 10:30am. Cary Mem. Library 1874 Mass. Ave., Lex. Drop-in movies for ages 2-6. Free. Info: 781-862-6288, [www.caryllibrary.org](http://www.caryllibrary.org)

## **Local Attractions**

### **Boston Children's Museum**

300 Congress St., Boston. Open daily, 10am-5pm, Fri until 9pm. Hands-on approach to history, science, etc.; toddler PlaySpace. New, expanded space and exhibits, including 3-story climbing structure. Info: [www.bostonkids.org](http://www.bostonkids.org).

### **Children's Discovery Museum**

177 Main St., Acton. Open daily, 9am-4:30pm. Victorian house with transformed into 10 hands-on exhibit areas. Ages 6 & under. Check website for special programs. \$8, free under 1. Info: 978-264-4200 or [www.discoverymuseums.org](http://www.discoverymuseums.org).

### **Concord Museum**

200 Lexington Rd, Concord. Open daily, Mon-Sat 9am-5pm, Sun 12-5pm. Historical, literary, artistic treasures of the area. Monthly storytime (Sept 14) and children's programs.

\$8/adults, children under 6 free. Info: 978-369-9763 or [www.concordmuseum.org](http://www.concordmuseum.org).

### **Ecotarium**

222 Harrington Way, Worcester. Open Tues-Sat 1am-5pm, Sun 12-5pm. Monthly family preschool programs. Members free, \$8/Non-member adult, \$6/Non-member ages 3-18. Explorer Express Train ride, \$2.50/person. Info: 508-929-2700 or [www.ecotarium.org](http://www.ecotarium.org).

### **Frog Pond, Boston Common**

Opens Nov. 15, 5:30pm, The Frog pond offers concessions, skate rentals, rest rooms, and a warming area. Info: 617-635-2120 or [www.bostoncommonfrogpond.org](http://www.bostoncommonfrogpond.org).

### **Habitat Wildlife Sanctuary**

10 Juniper Rd, Belmont. Trails wind through forests, across meadows, around 2 ponds, wetlands. Programs for kids. Members free, \$4/non-memb. adult, \$3/non-memb. child. Info: 617-489-5050 or [www.massaudubon.org](http://www.massaudubon.org).

### **Harvard Museum of Natural History**

26 Oxford St, Cambridge. Open daily 9am-5pm. Wide array of stuffed animals in the mammal exhibit. 40ft dinosaur replica. \$7.50/adult, \$5/ages 3-18. Free every Sun. 9am-noon. Info: 617-495-3045 or [www.hmnh.harvard.edu](http://www.hmnh.harvard.edu).

### **Institute of Contemporary Art**

100 Northern Ave., Boston. Open Tues-Sun 10am-5pm, Thurs & Fri until 9pm. Free Family Fun Playdates, last Saturday of every month, 10 am-4 pm. to adults accompanied by child 12 and under. \$12 general admission. Info: 617-478-3234 or [www.icaboston.org](http://www.icaboston.org).

### **Museum of Fine Arts**

465 Huntington Ave., Boston. Family Place, for families with children 4 and up, interactive art activities. Wed-Fri, 3-4:45 pm; Sat-Sun, 11am-4pm.. Info: 617-267-9300 or [www.mfa.org](http://www.mfa.org).

### **Museum of Science**

Science Park, Boston. Open daily 9am-7pm, Fri until 9pm. Hands-on Discovery Zone, with children's gallery for those 5 and under. Info: 617-723-2500 or [www.mos.org](http://www.mos.org).

### **National Heritage Museum**

33 Marrett Rd., Rt. 2A, Lexington. Open daily 10am-5pm, Sun 12-5pm. Great monthly programs including storytimes with crafts. Free admission. Info: 781-861-6559 or [www.monh.org](http://www.monh.org).

### **New England Aquarium**

Central Wharf, Boston. Open daily 9am-6pm, Fri-Sun until 7pm. \$17.95/adult, \$9.95/children ages 3-11, free for children under 3. Info: 617-973-5200 or [www.neaq.org](http://www.neaq.org).

### **Southwicks Zoo**

2 Southwick St, (off Rt. 16), Mendon. Open daily, 10am-5 pm. Animals & birds, shows, kiddie rides, animal rides (ponies, camels, elephants). \$16.75/adults; \$12.75/ages 3-12; under age 2, free. WGBH & AAA discounts. Info: 800-258-9182 or [www.southwickszoo.com](http://www.southwickszoo.com).

### **Stone Zoo**

149 Pond St. Stoneham. Open daily 10am-4pm, Small zoo, with a petting barnyard, playground and many animal exhibits. \$8/Adult, \$5/Ages 2-12, under 2yrs. free, Info: 781-438-5100 or [www.zoonewengland.com](http://www.zoonewengland.com).

### **Take a Walk at Gore Place**

52 Gore St., Waltham, Mon-Fri, 9am- 3pm; Sat & Sun. 12-3pm. Visit llama, sheep, goats, chickens, rabbits. Rent an "activity pack" with activities appropriate for children ages 4-9. Backpack rental, \$5. Info: 781-894-2798 or [www.goreplace.org](http://www.goreplace.org).

## **Seminars and Open Houses**

### **Lesley Ellis School Open House**

Nov 3, 9:30-11am, 41 Foster St., Arlington. Meet the faculty, staff and current parents. Visit classrooms, and attend an information session with the Head of the School. Children welcome. For more info. Including directions call 781-641-1346 or [www.lesleyellis.org](http://www.lesleyellis.org).

### **Parent Education Forum**

Thurs. Nov. 8, 7-9pm, Dallin School, 185 Florence Ave. For parents of boys from pre-K to grade 12. Michael Thompson, PhD, presents "It's A Boy!" He will discuss how a boy's inner life progresses through infancy, childhood, and adolescence. He will give expert advice on the developmental, psychological, social, and academic life of boys from infancy to the teen years. Info: 781-316-3730 [www.michaelthompson-phd.com](http://www.michaelthompson-phd.com)

### **Effective Parenting**

Groups forming now. Workshop designed for parents of children 0-3yrs. Explore different parenting topics each week. \$140/person, \$180/couple. For info contact Melissa Lucius 781-641-4284, [parenting@rcn.com](mailto:parenting@rcn.com) or [www.effective-parenting.org](http://www.effective-parenting.org).

## **Benefits**

### **PTO Thrift Shop**

Benefits Arlington Public Schools  
Basement of the Fox Library,  
Hours: Weds. 4--8pm, Thurs. 9:30am- 1pm,  
2<sup>nd</sup> Sat. of the month 12:30—5pm, Gently-used clothing for all ages, toys, books, housewares, and more., Info: 781-483-3433 or [www.ptothriftshop.com](http://www.ptothriftshop.com).

## **Groups**

### **40-something Mom's Group**

Ongoing monthly discussion and support group for moms of babies &/or young kids led by Suzan Wolpow, a licensed therapist with a specialty in women's issues, and an older mom herself. Meets monthly in North Cambridge \$25/meeting. Info: 617-441-0758 or [www.yourclearvoice.com](http://www.yourclearvoice.com).

### **Arlington Area Adoption Moms**

Nov. 7 & 29, 7:30pm, Contact Rachel Silverman for location info. 781-641-2947 or [rachelannathome@yahoo.com](mailto:rachelannathome@yahoo.com)

### **Belmont Food Allergy & Asthma Support Group**

Parents group meets monthly to discuss and advocate for children living with food allergies and asthma. For info contact Theresa Normile 617-489-6668 or [Tnormile@foodallergyfacts.com](mailto:Tnormile@foodallergyfacts.com).

### **Breastfeeding Drop-in Group**

Thurs. 3pm, Isis Maternity,  
For nursing moms and babies, Free,  
Staffed by certified lactation consultants, Info: [www.isismaternity.com](http://www.isismaternity.com).

### **Drop-in Playgroups**

Isis Maternity,  
Non-mobile babies Thurs. 1:45pm,  
Mobile babies Fri. 3:30 pm,  
Free for members, \$5 for non-members. Info: [www.isismaternity.com](http://www.isismaternity.com).

### **Grandparents' Support Group**

Second Tues. of the month, 12-1:30pm. For grandparents who are primary caretakers of their grandchildren. Free. Info: 781-316-3410.

### **International Adoptions**

Free 8 week support and education group for parents accompanied by their children. Begins Sept 25. Meets Tues 10-11:30am at 1430 Main St, Waltham. Info: 781-693-5677 or [eberne@jfcsboston.org](mailto:eberne@jfcsboston.org).

### **La Leche League**

Dedicated to providing education, information, and support to breastfeeding women .  
Meetings in the basement of Fox Library on the 3<sup>rd</sup> Tues. of each month at 7:30pm, or 2<sup>nd</sup> Thurs. of the month at 10am in Cambridge (175 Harvey St.). Free For info contact Heather 781-648-2988 or <http://home.comcast.net/~jrsladkey/lll/index.html>.

### **Learn & Play Adoption Group**

For parents and adopted children ages 0-5yrs. Facilitated by First Connections. Community Agencies bldg., Emerson Hospital, 111 Old Rd. to 9-Acre Corner, Concord. Registration required \$30. Info: 978-287-0221 or [www.jri.org/cfys/](http://www.jri.org/cfys/).

### **New Babies/New Mom's Group**

First time mothers bring infants up to 6 months old to meet with other mothers and a leader for support and discussion. Session begins Sept 18. Info: [www.warmlines.org](http://www.warmlines.org).

### **New Mothers' Drop-in Group**

For mothers with children under 1yr. Fri. 10-11:30am. Calvary United Methodist Church, 300 Mass. Ave. Arl. Free, non-sectarian, facilitated group. Sponsored by Jewish Family & Children's Svcs. Info: 617-558-1278.

### **New Mother's Group**

Tues. 11:30am-1pm, Temple Isiah, 55 Lincoln St, Lexington, Sponsored by the Parent Connection of BIDMC. Free 8 week sessions, Registration required. Info: 617-667-2229.

### **Older First -Time Moms**

3<sup>rd</sup> Weds. of each month , 7pm Fox Library.

Social and support group for first-time moms in their late 30's and 40's, Free, Suggested \$1 donation. Info: 781-674-2029.

### **Spanish Playgroup**

Formed by an Arlington-based group of parents, the age range is 1-8 yrs old. Spanish skill ranges from beginner to bilingual. Most of the families have one parent who speaks some Spanish. For info contact Deb Savage at [debsavage@juno.com](mailto:debsavage@juno.com).

### **We Are Family**

3<sup>rd</sup> Thurs. of the month, 7-9pm Community Agencies bldg., Emerson Hospital , 111 Old Rd. to 9-Acre Corner, Concord , Support group for parents of older (3yrs.+ ) internationally adopted children or children previously in DSS custody. Info: 978-287-0221 or [www.jri.org/cfys/](http://www.jri.org/cfys/).

### **Working Mom's Group**

Nov. 14, 7:30pm at Arlington Enrichment Collaborative (1100 Mass Ave, Arl, across from Jimmy's). Info: [workingmoms@arlingtonfamilyconnection.org](mailto:workingmoms@arlingtonfamilyconnection.org)

**Arlington Family  
Connection  
P.O. Box 150  
Arlington, MA 02476**

**November, 2007**

## AFC Membership/Renewal Form

**New member**  **Renewal** Date: \_\_\_\_\_

**Gift membership from:** \_\_\_\_\_

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email Address(es): \_\_\_\_\_

**All AFC correspondence (announcements and newsletters) are sent out via email by default.**

**Please check below if you would rather:**

- Printed newsletter mailed to me, in addition to email.
- Printed newsletter only, not the email version.
- I prefer not to receive any email from AFC. (Printed newsletter will be mailed to you.)

**Please list your child(ren):** (if applicable)

Name                      Gender Date of Birth (mo/year)

**School District:** (circle one for geographic location)

Bishop   Brackett   Dallin   Hardy

Peirce   Stratton   Thompson   Out-of-Town

**Would you like to be contacted about volunteering?**

Yes  No

### Volunteer Interests

(check all that apply)

- Events/Parties  New Parent Outreach
- Newsletter  Outings with Kids  Playgroups
- Outings without Kids  Seminars  Web Site
- Email Bulletin  Childcare & Preschool Options
- Publicity  Membership  Working Moms
- Community Service  Kindergarten Connections
- Treasurer/Clerk  Other \_\_\_\_\_

**Membership Fees:** All memberships renew in August, 2008, and begin September 1<sup>st</sup> for a flat \$20/yr.

**Sponsor Member (\$25).** Enjoy the usual benefits of membership plus make a \$5 donation to help support new AFC programs.

**Standard Member.** Circle the month you are joining:  
\$20 (August/September/October)  
\$15 (November/December/January)  
\$10 (February/March/April)  
\$5 (May/June/July)

Please mail membership form and check to:

Arlington Family Connection  
P.O. Box 150  
Arlington, MA 02476