



# Arlington Family Connection

supporting children six and under and those who care for them

Volume VII, Issue 1 • April, 2008

[www.arlingtonfamilyconnection.org](http://www.arlingtonfamilyconnection.org)

## Beach Party Raises \$800 for Camp Fund

AFC's second annual Winter Beach Party on March 8 was attended by over 450 people. Kids and parents alike had fun dancing to beachy music, tossing beach balls, digging for treasure, building giant sandcastles, and making beach crafts. Thanks to the attendees, volunteers, and generous businesses AFC raised \$800 to contribute to the Arlington Recreation Camp Scholarship fund.

### Thanks to Donors and Volunteers!



AFC would like to thank Chilly Cow Ice Cream, Dunkin' Donuts, and Starbucks in Arlington Center for donating food and drinks, and Arlington Café for providing pizza at a discount. In addition, AFC thanks Cultural Care Au Pair for donating beach balls and buckets. Thanks also to Joe Connelly, Director of Recreation at Arlington Recreation for donating a family

pass to the Arlington Reservoir for our raffle.

The party would not have happened without the hard work, energy, and enthusiasm of Jessie Keating, an AFC member who volunteered her time for the second year to organize and run the party. A huge thank you to Jessie and all the other AFC members who volunteered their time before, during, and after the party to make everything run smoothly: Rebecca Arnold, Dan Bouchard, Lauren Boyle, Jayne Bryrne, Patty Chookhae-Kragh, Eileen Coleman, Katie Collelo, Sally DiAngelis, Debbie Dominguez, Carrie Finison, Bobbi-Jo Frasca, Glendalys Ghandi, Marion Goodwin, Catherine Hoffman, Courtney Lauriat, Molly Sanford, Erin Smith, Amy Speare, Erin Taylor, Maf Terry, Amy Yelin, Ben Zwirn.

## Arlington Food Pantry April Donation Drive

For the second year, AFC is dedicating April to a month-long food drive for the Arlington Food Pantry. During last year's April drive, generous AFC members donated enough food to feed three families for a month.

The Arlington Food Pantry offers year-round services to those in need of assistance, providing food to 375 people per month, on average.

During April, AFC will collect donations for the Food Pantry at every AFC activity. Also, watch your email for a Food Pantry tour and singalong in April.

In addition, these businesses will accept donations to the Food Pantry all month: Arlington Enrichment Collaborative (1100 Mass. Ave., 2nd Floor), Isis Maternity, Together In Motion, and the Fox Branch Library. Also, there are permanent Food Pantry donation bins at Johnnie's Foodmaster, Stop & Shop, Arlington Boys & Girls Club, and at the Cambridge Savings Bank.

### Suggested Donations

- Peanut butter and jelly
- Canned fruits and veggies
- Tuna fish
- Meals-in-a-can or box (spaghetti, stews, soups, ravioli)
- Pasta & rice
- Health & beauty items (toothpaste, toothbrushes, soap, shampoo, toilet paper, etc.)



Please avoid glass containers and perishable foods.

For more information, contact BobbiJo Frasca at 781-316-2384 or [bobbijofrasca@yahoo.com](mailto:bobbijofrasca@yahoo.com).

### Wednesday, April 9, 10am Codman Farm, 58 Codman Rd, Lincoln AFC Outing: Codman Farm

Come on a private tour and learn about this working farm. It's baby season and they'll have newborn lambs, piglets, bunnies, and more! \$3/family. Info: Amy, 781-646-5417, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

Find out where else you can see baby animals on page 6!

## AFC Volunteers

AFC welcomes and thanks the following volunteers who have recently joined AFC or taken on new volunteer roles.

**Glendalys Gandhi** has volunteered to serve as Playtime coordinator through June. Glendalys has volunteered as a Playtime host for the past 3 months. She is taking over from **Sarah Albers**, the original founder and organizer of Playtime. Thank you to Sarah for starting up this very popular program and keeping it running for so long! Playtime still seeks a volunteer coordinator for September, 2008, and beyond.

**Jennifer Cunningham** (and her son, Toby, almost two) has volunteered as a Playtime host. Originally from upstate New York, she has lived in the Boston area for ten years. She and her husband Gregg moved to Arlington Heights in 2004 and love the way AFC makes it feel like home by introducing them to new neighbors and friends. Jennifer works part-time in the education policy field.

**Kerri O'Neil** has also volunteered as a regular host for Playtime. She and her husband moved to Arlington in August, 2005, from San Francisco. Kerri is a licensed CPA, and has been a stay-at-home mom since her daughter Meghan was born in January, 2007..

**Eileen Coleman** is taking over duties of AFC clerk from **Margit Griffith**. Thank you to Margit for keeping our notes and going the extra mile in so many ways for AFC. In addition to the role of clerk, Eileen volunteers as a Playtime host, and also leads outings for AFC.

## Help Keep AFC Active!

We are currently seeking volunteer help in a number of areas. Some of these roles can be shared and therefore will require much less effort. Any time you can give helps AFC to continue and enhance programs.

- **AFC Playtime coordinator** – create a schedule for volunteer hosts; organize toy cleaning and maintenance; make it what you want! Starting in September, 2008.
- **Membership Co-Chair** – record new/renewal members
- **Newsletter Mailing Coordinator** – post the newsletter each month
- **Seminar Coordinator** – coordinate occasional evening seminars for parents

Please contact Amy at 781-646-5417, [info@arlingtonfamilyconnection.org](mailto:info@arlingtonfamilyconnection.org) with questions.

## AFC Directory

**General Information** - Amy Speare, 781-646-5417

[info@arlingtonfamilyconnection.org](mailto:info@arlingtonfamilyconnection.org)

**AFC Playtime** – Glendalys Gandhi

[playgroup@arlingtonfamilyconnection.org](mailto:playgroup@arlingtonfamilyconnection.org)

**Book Group** – Wendy Paramore

[bookgroup@arlingtonfamilyconnection.org](mailto:bookgroup@arlingtonfamilyconnection.org)

**Community Service** - Lauren Boyle

[community@arlingtonfamilyconnection.org](mailto:community@arlingtonfamilyconnection.org)

**e-Bulletin** – Marion Goodwin

[bulletinboard@arlingtonfamilyconnection.org](mailto:bulletinboard@arlingtonfamilyconnection.org)

**Kindergarten Connections** – Susan Goetcheus

[kinderconnect@arlingtonfamilyconnection.org](mailto:kinderconnect@arlingtonfamilyconnection.org)

**Membership** - Leah Nelson and Molly Sanford

[membership@arlingtonfamilyconnection.org](mailto:membership@arlingtonfamilyconnection.org)

**Newsletter Editors** – Carrie Finison and Jessie Keating

[newsletter@arlingtonfamilyconnection.org](mailto:newsletter@arlingtonfamilyconnection.org)

**Newsletter Calendar** - Aimee Linker and Louise Friel

[calendar@arlingtonfamilyconnection.org](mailto:calendar@arlingtonfamilyconnection.org)

**Options in Childcare & Preschool booklet**- Kristen Strechay

[options@arlingtonfamilyconnection.org](mailto:options@arlingtonfamilyconnection.org)

**Outings** – Eileen Coleman, Amy Speare, and Martina Vanha

[outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

**Treasurers** – Catherine Hoffman and Mimi Wan

[treasurer@arlingtonfamilyconnection.org](mailto:treasurer@arlingtonfamilyconnection.org)

**Web Site** - Seth Maislin

[webmaster@arlingtonfamilyconnection.org](mailto:webmaster@arlingtonfamilyconnection.org)

**Working Moms** – Su Joun and Mimi Wan

[workingmoms@arlingtonfamilyconnection.org](mailto:workingmoms@arlingtonfamilyconnection.org)

**Editorial policy:** The Arlington Family Connection (AFC) newsletter is published monthly and is free with membership. Published articles reflect the views of the respective authors and do not necessarily represent the views of AFC. Childcare, healthcare and legal information is provided for informational purposes only. It is not intended as a substitute for medical or professional advice. Always consult your own healthcare provider for any decisions relating to your child's well being. Copyright remains with the individual author for bylined articles. All other materials are copyright Arlington Family Connection, 2007. Permission is granted to reproduce articles for which copyright is held by AFC provided appropriate credit is given and no fee is charged. The AFC newsletter accepts submissions from AFC members on issues relevant to families with children six and under. The editorial board reserves the right to refuse submissions for any reason. Send editorial submissions to: [newsletter@arlingtonfamilyconnection.org](mailto:newsletter@arlingtonfamilyconnection.org); calendar listings to [calendar@arlingtonfamilyconnection.org](mailto:calendar@arlingtonfamilyconnection.org)

## Solar Panels for Arlington Schools

If 150 or more Arlington residents sign up for the New England Wind Fund (choosing to power their home with clean electricity and to support renewable energy products), the town of Arlington will earn a 2kW solar/photovoltaic installation. Sign up with a \$100 one-time donation by April 30, 2008, to qualify for this Community Solar Challenge!

For details, visit the New England Wind Fund at [www.newenglandwind.org](http://www.newenglandwind.org). For more information on what you can do locally to reduce your environmental footprint, visit Sustainable Arlington at [www.sustainablearlington.org](http://www.sustainablearlington.org).

## Artwork Storage — Solved!

By Elizabeth Goodsell

Children love to create, and parents like to encourage children's creativity. But does a corner of your kitchen counter end up looking like an exhibit waiting to be installed in a modern art museum? You are not alone. As a professional organizer and mother of a creative little one, I'm always looking for new ways for showcase, save, and share artwork. Here are 10 of my favorite ideas:



### 10 Ideas for Showcasing, Saving, and Sharing Artwork

1. Select your favorite art pieces to frame and hang in your home. A mat and frame can turn any artwork into a masterpiece, and your children will be proud to see their creations displayed prominently.
2. Designate one wall as a rotating "gallery". Artwork is displayed for a few weeks, and then taken down to make room for new pieces. This helps contain the art to one area in your house.
3. Use a display shelf in a hallway to showcase special pieces of sculpture.
4. Laminate artwork and use them as placemats for yourself, or to give as gifts.
5. Routinely give artwork away to grandparents and others who love your kids.
6. Turn artwork into wrapping paper or cards.
7. Each year designate a box for each child to store favorite artwork — and keep only what fits in the box! Your child may be able to help choose the pieces to keep. At the end of the year, showcase or save the best (maybe five pieces), recycle the rest, and start over again.
8. Hang art on the wall or the fridge, and each month take a photo of your child in front of all the pieces.
9. Then take down the artwork but keep the photos in a special photo album.
10. Take digital photos of the artwork and turn them into a slideshow screensaver for your computer.
11. Take digital photos of the artwork, upload to an online photo site, and then create a simple calendar or photo album to keep or share as gifts.

*Elizabeth Goodsell is the mother of a four-year-old, and founder of That's Neat! ([www.thatsneatorganizing.com](http://www.thatsneatorganizing.com)), specializing in organizing solutions for busy families.*

### Your Name Here!

Do you have a topic you'd like to write about for the AFC newsletter? Or one that you would like to see covered? Please email your ideas to the editors at [newsletter@arlingtonfamilyconnection.org](mailto:newsletter@arlingtonfamilyconnection.org).

## Help Make "Kindergarten Connections"!

Would you like your kindergartner-to-be to see lots of familiar faces on the first day of school this fall? Would you like to meet other parents in your school district? Do you have an hour or two to plan some events? Then please volunteer as a Kindergarten Connections contact person for your school!

AFC's Kindergarten Connections program gives incoming kindergartners and their families a chance to meet and play during the summer. We are looking for volunteers from each school to schedule activities (playground outings, potluck dinners, etc.) for



July and August and send the information to the KC coordinator, who will publish it to the Arlington community. Your name and contact information will be published in the AFC newsletter and e-bulletin.

### Volunteers needed for:

Bishop, Brackett, Dallin, Hardy, Peirce (to work with Susan Goetcheus), Stratton, Thompson, St. Agnes, private schools, and homeschoolers.

To volunteer for your school, please contact Susan Goetcheus, 781-643-0215, or [kinderconnect@arlingtonfamilyconnection.org](mailto:kinderconnect@arlingtonfamilyconnection.org)

### AFC Skate Rental Return

For those of you that rented skates from AFC last fall, following are the dates for returning them. Please bring all rented skates and helmets with you to receive your security deposit.

**Return to: 118 Ridge Street  
Wednesday, April 9 – 7-9pm**

or

**Saturday, April 12 – 1-3pm**

**All equipment must be returned or your security deposit will be forfeited.**

Info: Amy 781-646-5417, or [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

### AFC Seeks Tot Skates!

Have your kids outgrown their tot skates? Consider selling them to AFC! We are seeking skates in tot sizes 7-12 to add to our inventory for our very popular annual Tot Skating Party in the fall. Please contact Amy for more info, 781-646-5417, or

[outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

# AFC in Action

## March Highlights

### Winter Beach Party



### Discovery Muesum Outing



## April AFC Events

### AFC Drop-in Playgroup Tuesday, April 1

**3:30-5pm.** Fox Library Comm. Rm., Arl. First Tues. of month. Drop in anytime. Perfect for non-mobile babies! A great place for caregivers to get to know each other without having to chase their kids around! Ages 0-4. Free. Sandra 781-859-5050, [playgroup@arlingtonfamilyconnection.org](mailto:playgroup@arlingtonfamilyconnection.org)



### AFC Steering Committee Mtg. Thursday, April 3

**7:30pm.** Open to all members. Arl. Enrichment Collaborative, 2<sup>nd</sup> Fl. 1100 Mass. Ave. Amy, 781-646-5417, [info@arlingtonfamilyconnection.org](mailto:info@arlingtonfamilyconnection.org)

### AFC Playtime! Mon., April 7, 14, 21, 28

**10-11:30am.** Arl. Enrichment Collaborative, 2<sup>nd</sup> Fl., 1100 Mass. Ave. (across from Jimmy's). Drop in anytime at our weekly playgroup! Toys, closing circle time. Ages 0-4 yrs. \$3/family. Glendalys, 781-316-8676, [playgroup@arlingtonfamilyconnection.org](mailto:playgroup@arlingtonfamilyconnection.org)

### AFC Outing: Codman Farm Wednesday, April 9

**10am.** Codman Farm, 58 Codman Rd, Lincoln. Come on a private tour and learn about this working farm, its gardens, and its animals (cows, sheep, goats, donkey, pigs, turkeys, ducks, bunnies, bees and more). It is baby season and they'll have newly born lambs, piglets, bunnies and more! [www.codmanfarm.org/](http://www.codmanfarm.org/). \$3/family. Amy 781-646-5417, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)



### Working Mom's Group Wednesday, April 16

**7:30pm.** Arlington Enrichment Collaborative, 1100 Mass. Ave - 2nd floor, across from Jimmy's Steerhouse. "Getting Connected to other Working Mothers in Arlington" Did you know that over 40% of AFC moms are juggling both careers and families? Get together with other working moms! Meets every 3rd Wednesdays of the month. This meeting is for ALL working mothers - both new and experienced! Please RSVP to [workingmoms@arlingtonfamilyconnection.org](mailto:workingmoms@arlingtonfamilyconnection.org) if you plan to attend.

### AFC Craft Time! Tuesday, April 22

**4-5pm.** Fox Library. Drop in anytime to make a fun Earth Day craft. \$2/child to cover supplies. 18 mo. & up. Maf 781-777-1994, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

### AFC Outing: Seed Planting Wednesday, April 23

**10am.** (Rain date April 25). Waldo Playground, Waldo St., E. Arl. Celebrate spring and Earth Week. Plant flower seeds and watch them grow at home! \$1/child to cover supplies. Amy, 781-646-5417, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)



### AFC Book Group Monday, April 28

**7:30pm.** Arl. Enrichment Collaborative, 2<sup>nd</sup> Fl., 1100 Mass. Ave. Join AFC's new book group! Contact Wendy for this month's title. Come even if you don't have the chance to read the book. Wendy, 781-777-2706, [bookgroup@arlingtonfamilyconnection.org](mailto:bookgroup@arlingtonfamilyconnection.org)

### Wheelock Family Theater: Sunday, May 4 Lilly's Purple Plastic Purse

**3pm.** Wheelock Family Theater, 200 The Riverway, Boston. A live performance of Kevin Henke's wonderful tales of a feisty mouse, her best friends Chester and Wilson, and a great accessory! \$20/person. **Ages 3 & up.** <http://www.wheelock.edu/wft>  
**RSVP required by April 26.** Maf, 781-777-1994, [outings@arlingtonfamilyconnection.org](mailto:outings@arlingtonfamilyconnection.org)

# Spring Babies

By Amy Speare

Spring is finally here! And with it comes the birth of baby animals at many local farms. What better all-ages activity is there than discovering the world of lambs, piglets, calves, chicks, and bunnies together? While it is especially fun to visit farms in the spring to see the newcomers, most of these local farms have programs and lots to see year-round.



## Local Farms with Baby Animals

**Chip-in Farm**, 201 Hartwell Rd., Bedford. 781-275-2545. [www.chip-infarm.com](http://www.chip-infarm.com)

Small barnyard with calves, piglets, sheep, chickens, and rabbits. Also a local farm stand. Ask for lettuce to feed the animals!

**Codman Farm**, 58 Codman Rd., Lincoln, 781-259-0456. [www.codmanfarm.org](http://www.codmanfarm.org)

Old working farm with piglets, lambs, bunnies, chicks, kids, calves and more! Also a sheep shearing festival on April 12.

**Drumlin Farm**, 208 South Great Rd., Lincoln. 781-259-2200. [www.massaudubon.org](http://www.massaudubon.org)

Mass. Audubon working farm with lots of kids programs as well as lambs, piglets, kids, chicks, and much, much more.

**Gore Place**, 52 Gore St., Waltham. 781-894-2798. [www.goreplace.org/](http://www.goreplace.org/)

Small barnyard with lambs, kids, chicks and quiet grounds to explore. Also a large sheep shearing festival on April 26.



AFC kids pet a baby goat at Codman Farm last spring.

**Great Brook Farm State Park**, 984 Lowell St., Carlisle. 978-369-6312.

[www.mass.gov/dcr/parks/northeast/gbfm.htm](http://www.mass.gov/dcr/parks/northeast/gbfm.htm)

Farmyard with calves, pigs, goats, chickens. Also many walking paths, and a yummy ice cream stand that will open in mid-April.

**Kimball Farm**, 400 Littleton Rd., Westford. 978-486-3891. [www.kimballfarm.com](http://www.kimballfarm.com)

As well as their yummy ice cream and other activities, they have adult goats, chickens, and baby chicks.

**Stone Zoo**, 149 Pond Street, Stoneham. 617-541-5466. [www.zoonewengland.com/](http://www.zoonewengland.com/)

Within the zoo is a petting area with lambs.

**Wilson Farm**, 10 Pleasant St., Lexington. 781-862-3900. [www.wilsonfarm.com/](http://www.wilsonfarm.com/)

Next to the popular fresh produce store is a small barn with a pig, goats, llama, and chickens. Sorry, no babies.

**Tip:** Farms can be muddy in the spring. Consider wearing boots, and packing a change of clothes in the car just in case someone falls in the mud!

*Amy Speare leads many outings for AFC, along with her 2 kids. Join her when AFC visits Codman Farm on April 9 for a private tour of their new babies!*

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## Save Money! Save Trees!

Would you like to see AFC provide more low-cost or free activities? Would you like to help AFC be more 'earth friendly' by reducing paper consumption?

Please consider receiving your monthly AFC newsletter via email only, instead of a paper copy in the mail.

The upcoming postage increase and high printing costs makes mailing our newsletter a costly undertaking. By receiving your newsletter electronically, you can help AFC reduce expenses and use your membership dollars towards programs and other fun things for our friends, families, and community.

If you haven't already signed up for the AFC newsletter by email and would like to do so, please email [membership@arlingtonfamilyconnection.org](mailto:membership@arlingtonfamilyconnection.org).

Of course, we will happily continue to send you a print version of the newsletter if you prefer. But please, do consider helping AFC reduce our administration costs and put more money into programs.

Thank You!  
AFC Steering Committee

# Local Events & Activities – April

For even more resources refer to [www.arlingtonfamilyconnection.org](http://www.arlingtonfamilyconnection.org)

## Arlington Venues

**Arlington Boys and Girls Club**, 60 Pond Lane, (Pleasant St. to Wellington St.). 781-648-1617. [www.abgclub.org](http://www.abgclub.org)

**Arlington Rec. Center & Veterans Memorial Rink**, 422 Summer St. (Rt. 2A). 781-316-3880.  
[www.town.arlington.ma.us/Public\\_Documents/ArlingtonMA\\_Recreation/index](http://www.town.arlington.ma.us/Public_Documents/ArlingtonMA_Recreation/index)

**Fidelity House**, 25 Medford St. 781-648-2005.  
[www.fidelityhouse.org](http://www.fidelityhouse.org)

**Fox branch library**, 175 Mass. Ave. (East Arlington, at Cleveland St.). 781-316-3198.  
[www.robbinslibrary.org/html/fox.htm](http://www.robbinslibrary.org/html/fox.htm)

**Gibbs Gym**, 41 Foster St. (also accessible from Tufts St., between Mass. Ave. and Broadway). 781-316-3880.

**Isis Maternity**, 397 Mass. Ave., at Broadway. 781-429-1598. [www.isismaternity.com](http://www.isismaternity.com)

**Regent Theatre**, 7 Medford St. 781-646-4849.  
[www.regenttheatre.com](http://www.regenttheatre.com)

**Robbins Library**, 700 Mass. Ave. (near Pleasant St./Rt. 60). 781-316-3234. [www.robbinslibrary.org](http://www.robbinslibrary.org)

## Special Events for Families

### Spring TRAINing

Sat. April 12, 10-4pm, Sheraton Milford Hotel, 11 Beaver St. Milford, [off Rt. 495 (exit 19) Rt. 109] See operating layouts, modeling clinics, dealer tables, food, free parking, accessible, FREE

### Once Upon a Time with Kidstock

140 Clarendon St. Boston, Sat/Sun. April 5, 6, 12, & 13, 11am, **Make Way for the Ugly Duckling** All ages, \$8/person, children under 3yrs. Free 617-585-5678 or [www.lyricstage.com](http://www.lyricstage.com).

### Playtime Theatre

April 5, **Pinocchio**  
April 12, **Rumpelstiltskin**  
April 19, **Goldilocks & the Three Bears**  
All shows at 10:30am, Harvey Wheeler Community Center, 1276 Main St. W. Concord, These classic fairy tales are given a twist when the audience is strongly encouraged to participate. All ages, \$5/person, no advance ticket sales.  
[www.concordyouththeatre.org](http://www.concordyouththeatre.org)

### Earth Day at Franklin Park and Stone Zoo

Sun. April 20, 11-3pm, Franklin Park- 1 Franklin Park Rd. Dorchester, Stone Zoo- 149 Pond St. Stoneham, Enjoy crafts, activities, animal encounters, and environmentally-friendly exhibitions. INFO: [www.zoonewengland.com](http://www.zoonewengland.com)

### Conservation Week at the Zoo

April 21-25, 11-3pm, Stone Zoo- 149 Pond St. Stoneham, and Franklin Park Zoo -1 Franklin Park Rd. Dorchester, Enjoy a variety of engaging and educational activities for kids of all ages while learning ways to preserve our planet. INFO: [www.zoonewengland.com](http://www.zoonewengland.com)

### SteveSongs in Concert

Thurs. April 24, 10:30am & 1pm, Hyde Center, 90 Lincoln St. Newton, \$10/advance, \$12/door, Info: 1-800-937-3397 (10-6pm, Mon.-Fri.) INFO: 617-527-8539

### Big Apple Circus

Sat. March 29-Sun. May 4, Boston City Hall Plaza, Boston, Come see clowns, animals, acrobats, & more! [www.bigapplecircus.org](http://www.bigapplecircus.org)

### Cambridge Science Festival

April 26-May 4, Nine days of science-themed activities for all ages going on throughout Cambridge, includes a science carnival on **Sat. April 26, 12-4pm, Cambridge City Hall**, INFO: [www.cambridgesciencefestival.org](http://www.cambridgesciencefestival.org)

### Sheepshearing Festival

April 26, 10-4pm, Gore Place, 52 Gore St. Waltham, Enjoy demonstrations of sheepshearing, herding dogs, spinning, weaving, and wool-dyeing, garden activities for children, large craft fair, wagon rides (extra \$), music, dancers, puppeteer, farm animals, food, \$10/adult, children 12 yrs. & under are free, free for members, INFO: 781-894- 2798 or [www.goreplace.org](http://www.goreplace.org)

### BosTix Junior

Bring your child to the theater to see family friendly plays and musical productions. Info: [www.BosTix.org](http://www.BosTix.org)

### Baby Loves Disco

Last Sunday of each month, 2-5pm, Revolution Rock Bar, 200 High St. Boston, \$12 (non-walkers, free) Childproof disco/dance party with “real” music by the legendary DJ kon, healthy snacks by Wild Oats, bar available for mom and dad. Info: [www.babylovesdisco.com](http://www.babylovesdisco.com)

## Sing-alongs & Music

### Monday

5pm. **Finagle a Bagel**, 91 Middlesex Tpke, Burl. Ed Morgan performs fun original and classic children’s songs. Free 781-273-6500, [www.finagleabagel.com](http://www.finagleabagel.com)

11am. **Stellabella Toys**, 1967 Mass. Ave., Camb., Porter Sq. Sing-along, play games Free For more information call 617-864--6290

### Wednesday

#### **Bear Rock Café**

10am, 350 Cambridge St. Woburn (near Whole Foods), Info: 781-938-6100 or [www.bearrockcafe.com](http://www.bearrockcafe.com).

#### **1<sup>st</sup> and 3<sup>rd</sup> Friday of the month**

10am, Calvary Church, 300 Mass. Ave. Join Diane Taraz for a fun sing-a-long, \$1/person, Info: [www.dianetaraz.com](http://www.dianetaraz.com)

### Saturday

11am. **Stellabella Toys**, 1360 Cambridge St. Inman Sq.. Camb. Sing songs, play games Free 617-491- 6290

### Spanish Sing Along Classes

Offered by Luna Canta, this program uses music and dance to introduce little ones to the Spanish language. Class meets Sat. at First Church of Cambridge, 11 Garden St. To register please visit [www.LunaCanta.com](http://www.LunaCanta.com) or call 781-646-4634.

## Storytimes and Library Programs

### Spanish Story Time

Sat. April 12, 9:15am, Robbins Library, Sing songs, listen to stories, learn new words & make new friends. Songs in Spanish with translation, All ages, Drop-in, Info: 781-316-3234 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

### Moving & Growing

Fridays, March 21-April 11, 10:30am, Robbins Library, This music and movement class is for babies up to 1 year old. Sign up for all four classes beginning March 7. Info: 781-316-3234 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

### Drop-in Storytime at Robbins

**Toddlers** (18 months-2.5 yrs.) Mondays, 10:30am, April 7, 14, & 28 Stories, rhymes, fingerplays and a simple craft  
**Preschoolers** (2.5 yrs. and up) Mondays, 11am, April 7, 14, & 28 Longer stories followed by a craft

### 3-5 Year Olds

Wednesdays, 10:30am, April 2, 9, 16, & 30  
Stories, rhymes, games, fingerplays, & a craft  
781-316-3234 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

### Sing-a-long at Robbins

Tuesdays, 10am, April 1, 8, & 15  
Ages: 0-36 months, Space is limited so  
numbers are given out the day of the program  
beginning at 9am. Info: 781-316-3234 or  
[www.robbinslibrary.org](http://www.robbinslibrary.org)

**1<sup>st</sup> Thursday of the Month Singalong at Fox**  
April 3 & April 24, 10am, Fox Library, Join  
Sulinha for singing, dancing, and fun! Info:  
781-316-3198

### Drop-In Storytime at Fox

Tuesdays, April 1, 8, 15, & 29

**Ages 2-3yr.** 10am

**Ages 4-5yrs.** 10:30am

Stories and fingerplays followed by a craft  
Info: 781-316-3198 or [www.robbinslibrary.org](http://www.robbinslibrary.org)

### Spanish Story Time at Fox

Thurs. April 17, 3:30pm, Fox Library

Sing songs, listen to stories, learn new words  
& make new friends. Songs in Spanish with  
translation, INFO: 781-316-3198

### Tuesday

#### Barnes & Noble

98 Middlesex Tpke., Burlington  
Preschoolers, 10:30am, Free, 781-273-3871

#### Harvard Coop

11am, 1400Mass. Ave. Camb. Preschool story  
hour with snack & craft, Free, Info: 617-499-  
2000 or <http://harvardbkstore.com>

#### Pottery Barn Kids

10am, Burlington Mall, Free, 781-221-5833

### Wednesday

#### Porter Square Books

11am, Porter Sq. Shopping Ctr. Camb. Free  
617-491-2220, [www.portersquarebooks.com](http://www.portersquarebooks.com)

#### Starbucks, Arlington Center

10am, 327 Broadway, Free, 781-641-2893

### Thursday

#### Mornings at the Museum

Thurs. April 24, 10:30am, National Heritage  
Museum, 33 Marrett Rd. Lex. Come listen to  
"Remember Me: Stories about Childhood" and  
make your own scrapbook. \$3/child  
(members) \$5/child (nonmembers) Info: 781-  
861-6559 or [www.monh.org](http://www.monh.org)

#### Henry Bear's Park

11am, 685 Mass. Ave. Arl. 781-646-9400 and  
361 Huron Ave, Camb. 617-547-8424, Ages:  
3-6yrs. Free, Info: [www.henrybear.com](http://www.henrybear.com).

### Friday

#### Barefoot Books

10:30am, 1771 Mass. Ave. Camb. A fun hour  
of age- appropriate stories, coloring and  
refreshments, Free, Ages 1yr.+ Info: 617-349-  
1610 or [www.barefootbooks.com](http://www.barefootbooks.com).

#### Barnes & Noble

98 Middlesex Tpke. Burlington,  
Pajamarama: 7pm, Free. 781-273-3871

#### Concord Museum Story Hour

April 11, 1pm, 200 Lexington Rd., Concord.  
For ages 3-5 years; adult/child program,

\$5/pair, members, \$8/pair, nonmembers. This  
month's story: "There's Always Room for One  
More" by the Schuberts. Activity and snack,  
registration required Info: 978-369-9763.  
[www.concordmuseum.org](http://www.concordmuseum.org).

### Saturday

#### Barefoot Books

10:30am. 1771 Mass. Ave. Camb. A fun hour  
of age- appropriate stories, coloring and  
refreshments, Free, Ages 1yr.+ Info: 617-349-  
1610, [www.barefootbooks.com](http://www.barefootbooks.com).

#### Harvard Coop

11am, 1400 Mass. Ave. Camb. Preschool story  
hour with snack and craft, Free, 617-499-2000  
or <http://harvardbkstore.com>.

### Other Arlington Fun Stuff

#### Adoptive Family Gym Mixer

Mon, 9:30-11am. Together in Motion, 1  
Broadway, Arl. \$5/child. For families with  
children 0-6.years. Call 781-643-1377.  
[www.togetherinmotion.com](http://www.togetherinmotion.com)

#### Arlington Boys and Girls Club

Offers many fun, spring classes for children  
and a **Parent and Child Drop-in Swim** (until  
June 3) Tuesdays, 10:30- 11:15am, \$4/child,  
Info: [www.abgclub.org](http://www.abgclub.org)

#### Arlington Center for the Arts

Offers many fun, spring classes for children  
Info: 781-648-6220 or [www.acarts.org](http://www.acarts.org).

#### Arlington Recreation Dept.

Offers many fun, spring classes for children.  
Info: 781-316-3880 or [www.arlingtonma.gov](http://www.arlingtonma.gov).

#### Artbeat Weekend Workshops

Saturdays, 3-6pm, 212A Mass. Ave, Arl.  
Free instruction, pay for materials, Ages 4yrs+  
April 5, **Fairies, Gnomes, & Trolls**  
April 12, **Mosaic Flower Pot**  
April 19, **Recycled Crafts (FREE)**  
April 21-25, **Decoupage Fiesta** (Mon. 12-  
6pm, Tues-Fri. 10-6pm)  
April 26, **The Art of the Thank You**  
Info: 781-646-2200, [www.artbeatonline.com](http://www.artbeatonline.com).

#### Capitol Theater Movies for Caregivers with Babies

Mondays. 204 Mass. Ave. Arl. Begin between  
1-2pm. New movies chosen weekly. \$5/adult  
Nursing, bottle feeding, fussing, changing  
diapers are never frowned upon. Info: 781-  
648-6022, [www.somervilletheatreonline.com](http://www.somervilletheatreonline.com).

#### Family Fun Saturdays

10:30am, Regent Theatre, 7 Medford St. Arl.  
**April 5** Ben Rudnick & Friends, **April 12**  
Vanessa Trien & the Jumping Monkeys, **April 19**  
Judy Pancoast, **April 26** Little Red Riding  
Hood (\$10/adult, \$8 kids & seniors), All  
shows are \$8/adult or \$6 kids & seniors unless  
otherwise noted. Info: 781-646-4849 or  
[www.regenttheatre.com](http://www.regenttheatre.com).

#### Fidelity House

25 Medford St. Arl. Offers classes for  
preschoolers that also have a drop-in option  
**Tot Time**, Fridays, 9:30am or 10:30am, 1 hr.  
structured activity time designed to develop  
fine/gross motor and social skills, parent

remains w/child, \$5 drop-in fee (space  
permitting), or \$20 for 5 wks. **No meeting**  
**April 21-25**. Info: 781-648-2005 or  
[www.FidelityHouse.org](http://www.FidelityHouse.org).

#### Isis Maternity

Programs & products for expecting & new  
parents. *AFC member discount-1<sup>st</sup> month free*,

#### Drop-in Playgroups:

Non-mobile babies Thurs. 1:45pm,  
Mobile babies Fri. 3:30 pm,  
Free for members, \$5 for non-members. Info:  
[www.isismaternity.com](http://www.isismaternity.com).

#### Music Together

Explore what music sounds like, looks like,  
and feels like. Call 781-648-4084 or visit  
[www.musictogetherofarlington.com](http://www.musictogetherofarlington.com)

#### Parent and Tot Connection

Fridays, 9:30-11am, Arl. Boys & Girls Club,  
Drop-in playgroup for toddlers and  
preschoolers with caregiver, Play, crafts,  
stories, music, Free, Info: [www.abgclub.org](http://www.abgclub.org).

#### Puddlestompers Playgroup

Wednesdays, 10am-11:30am, local  
playgrounds (free) or the Fox Library  
Community Room (\$1). This drop-in  
playgroup is for toddlers, preschoolers,  
siblings and their caregivers. Come make  
friends and have fun! Meeting locations are  
emailed on Tues. nights. To be added to the  
group email list contact Sarah at 781-648-3342  
or [siendo@verizon.net](mailto:siendo@verizon.net).

#### Toddlers and Twos

Every Weds. & Fri. 9:30-11am, Gibbs Gym,  
Foster St. Indoor play program for tots (15-36  
months) and parents, structured for the  
development of gross and fine motor skills,  
\$45/10 visit pass or \$5 drop-in/child, **No**  
**meeting April 21-25**. Info: 781-316-3880 or  
[www.arlingtonma.gov](http://www.arlingtonma.gov).

#### Together in Motion

1 Broadway, E. Arl. Drop-in play space with 3  
areas for: crawlers, open play; organized  
games. Ages 0-6. Mon-Fri 1:30-5pm; Mon,  
11am-12:30pm; Wed, 9:30am-12:30pm;  
Sat&Sun, 9-11am. \$7/ages 1-6; \$5, 6-12 mos;  
under 6 mos, free with playing sibling. Fall  
classes include: **Matial Arts Sampler**,  
**Creative Movement, Creative Art Class (2-  
3yrs. & 3-5yrs.) and Movin' & Groovin'**,  
Info: 781-643-1377 or  
[www.togetherinmotion.com](http://www.togetherinmotion.com)

### Indoor Playspaces

#### Bedford Family Connection Playroom

Mon.-Fri. 9:30-11:30am, First Parish Church  
75 The Great Rd. Bedford (use Elm St.  
entrance) Info: contact Amy Pearson at  
[alm.pearson@verizon.net](mailto:alm.pearson@verizon.net) or  
[www.kidsplaybedford.com](http://www.kidsplaybedford.com).

#### Belmont Kidspace

Payson Park Church (lower level) 365  
Belmont St. Belmont, This indoor playspace is  
a parent run co-op where families with infants,  
toddlers, and preschoolers can have lots of fun.  
Hours: **Mon. & Thurs.** 1-5:30pm, **Fri.** 5-8pm,

Sat. 9am-12, 2<sup>nd</sup> & 4<sup>th</sup> Sun. 2-5, 3<sup>rd</sup> Sun. of the month 2-5pm for special children, See website for admission info.

[www.belmontkidspace.org](http://www.belmontkidspace.org)

### LPPTA Drop-In Center

Fridays, 9:30-11:30am, Kennedy Hall in St. Brigid's School at St. Brigid's Church in Lex. (use Worthen Rd. entrance) This indoor playspace is for 0-5yr olds and their parents/caregivers to play, relax, and socialize. \$1/child, **No meeting April 21-25.** Info:

[www.lppta.org](http://www.lppta.org)

### Winchester Recreation Playtime

Thurs. 9:30-11 am, 263 Main St. Winchester, Drop-in, \$5/family, Ages: 9 months-4yrs. Info: 781-721-7125

### Winterfun

Weds. 9:30-11am, Bowman Elementary School Cafeteria (enter front door, turn left) 9 Philip Rd. Lex. This drop-in arts & crafts program for toddlers & preschoolers meets every other Weds. during the school year. \$2/child, **No meeting April 21-25.** Contact Jackie Lupone 781-538-5648 or Susan Morin 781-676-2041 or [www.lppta.org](http://www.lppta.org)

### Winter Park

Fridays, 1-2:30pm, Waldorf School, 739 Mass. Ave. Lex. (check in at the office for new room location) Drop-in, indoor playspace for toddlers and preschoolers, Requested donation of \$5. or \$10/family. **No meeting April 21-25.** Info: 781-863-1062 or [www.thewaldorfschool.org](http://www.thewaldorfschool.org)

### Gymnastics Academy of Boston

Open gym Mon.-Fri. 11:30am-1pm. Drop-in and explore. \$5/members, \$10/non-members Info: 617-441-9700 or

[www.gymnasticacademy.com](http://www.gymnasticacademy.com).

### TumbleKids Open Gym

38 River St., Winchester- **Thurs. 10:30am-12 & Fri. 12:30-2pm.** (781-721-1144) or 201 Arl. St., Watertown- **Fri. 12:30-2pm.** (617-926-2640) \$10/child. Classes offered for an additional fee. Info: [www.tumblekidsusa.com](http://www.tumblekidsusa.com).

### Kids Playground

15 Normac Rd., Woburn Indoor playground with playspace, tubes and tunnels, mini golf. Info: 781-935-2300,

[www.kidsplayground.com](http://www.kidsplayground.com).

### Perpetual Motion

345 Chelmsford St., Lowell (off Rt. 3) Indoor playground for kids 0-6yrs. **New separate play area for 5yrs+** Info: 978-452-0777

[www.perpetualmotioninc.com](http://www.perpetualmotioninc.com).

### MyGym

1065 Comm. Ave. (behind Shaw's) Boston, New indoor playspace for babies and toddlers. Open gym: Mondays at 4pm and Thursdays at 2:15pm, Info: 617-789-3669

## Beyond Arlington

### Puppet Showplace Theatre

Sat. & Sun. 1 & 3pm shows, Weds. & Thurs. 10:30am show. 32 Station St., Brookline. Ages 3 and up. Age appropriateness varies per show. \$7.50/members, \$9.50/non-members. Info: 617-731-6400, [www.puppetshowplace.org](http://www.puppetshowplace.org).

### Home Depot Kid's Workshop

1<sup>st</sup> Sat. of the month, 10am-noon, 10 1<sup>st</sup> Ave., Waltham. Drop-in build-it-yourself project, Ages 2+ with an adult. Call 781-672-0900

### Play Academy

25 Riverside Ave. Medford. Offers classes for infants-age 5yrs; Drop-off program. Info: 781-738-PLAY, [www.play-academy.com](http://www.play-academy.com).

### Pre-school Movies

Tues. 10:30am. Cary Mem. Library 1874 Mass. Ave., Lex. Drop-in movies for ages 2-6. Free. Info: 781-862-6288,

[www.caryllibrary.org](http://www.caryllibrary.org)

## Local Attractions

### Boston Children's Museum

300 Congress St., Boston. Open daily, 10am-5pm, Fri until 9pm. Hands-on approach to history, science, etc.; toddler PlaySpace. New, expanded space and exhibits, including 3-story climbing structure. Info:

[www.bostonkids.org](http://www.bostonkids.org).

### Butterfly Place

120 Tyngsboro Rd., Westford. Open daily 10am-5pm. Large, warm atrium with some 500 butterflies representing species from all over the world. \$9.50/adult, \$6.50/child 3-12, under 2 free. Info: 978-392-0955,

[www.butterflyplace-ma.com](http://www.butterflyplace-ma.com)

### Children's Discovery Museum

177 Main St., Acton. Open daily, 9am-4:30pm. Victorian house with transformed into 10 hands-on exhibit areas. Ages 6 & under. Check website for special programs. \$8, free under 1. Info: 978-264-4200 or

[www.discoverymuseums.org](http://www.discoverymuseums.org).

### Concord Museum

200 Lexington Rd, Concord. Open daily, Mon-Sat 9-5pm Sun 12-5pm, Historical, literary, artistic treasures of the area. Monthly storytime and children's programs, \$8/adults, children under 6 free.. Info: 978- 369-9763 or

[www.concordmuseum.org](http://www.concordmuseum.org).

### Ecotarium

222 Harrington Way, Worcester. Open Tues-Sat 10am-5pm, Sun 12-5pm. Monthly family preschool programs. Members free, \$8/Non-member adult, \$6/Non-member ages 3-18. Explorer Express Train ride, \$2.50/person. Info: 508-929-2700 or [www.ecotarium.org](http://www.ecotarium.org).

### Habitat Wildlife Sanctuary

10 Juniper Rd, Belmont. Trails wind through forests, across meadows, around 2 ponds, wetlands. Programs for kids. Members free, \$4/non-memb. adult, \$3/non-memb. child. Info: 617-489-5050 or [www.massaudubon.org](http://www.massaudubon.org).

### Harvard Museum of Natural History

26 Oxford St, Cambridge. Open daily 9am-5pm. Wide array of stuffed animals in the mammal exhibit. 40ft dinosaur replica. \$7.50/adult, \$5/ages 3-18. Free every Sun. 9am-noon. Info: 617-495-3045 or

[www.hmnh.harvard.edu](http://www.hmnh.harvard.edu).

### Institute of Contemporary Art

100 Northern Ave., Boston. Open Tues-Sun 10am-5pm, Thurs & Fri until 9pm. Free Family Fun Playdates, last Saturday of every month, 10 am-4 pm. to adults accompanied by child 12 and under. \$12 general admission. Info: 617-478-3234 or [www.icaboston.org](http://www.icaboston.org).

### Museum of Fine Arts

465 Huntington Ave., Boston. Family Place, for families with children 4 and up, interactive art activities. Wed-Fri, 3-4:45 pm; Sat-Sun, 11am-4pm.. Info: 617-267-9300 or [www.mfa.org](http://www.mfa.org).

### Museum of Science

Science Park, Boston. Open daily 9am-7pm, Fri until 9pm. Hands-on Discovery Zone, with children's gallery for those 5 and under. Info: 617-723-2500 or [www.mos.org](http://www.mos.org).

### National Heritage Museum

33 Marrett Rd., Rt. 2A, Lexington. Open daily 10am-5pm, Sun 12-5pm. Great monthly programs including storytimes with crafts. Free admission. Info: 781-861-6559 or [www.monh.org](http://www.monh.org).

### New England Aquarium

Central Wharf, Boston. Open daily 9am-6pm, Fri-Sun until 7pm. \$17.95/adult, \$9.95/children ages 3-11, free for children under 3. Info: 617 -973-5200 or [www.neaq.org](http://www.neaq.org).

### Southwicks Zoo

**OPENS APRIL 12!** 2 Southwick St, (off Rt. 16), Mendon. Open daily, 10am-5 pm. Animals & birds, shows, kiddie rides, animal rides (ponies, camels, elephants). \$16.75/adults; \$12.75/ages 3-12; under age 2, free. WGBH & AAA discounts. Info: 800-258-9182 or [www.southwickszoo.com](http://www.southwickszoo.com).

### Stone Zoo

149 Pond St. Stoneham. Open weekdays 10am-5pm & weekends 10am-6pm. Small zoo, with a petting barnyard, playground and many animal exhibits. \$8/Adult, \$5/Ages 2-12, under 2yrs. free, Info: 781-438-5100 or [www.zoonewengland.com](http://www.zoonewengland.com).

### Take a Walk at Gore Place

52 Gore St., Waltham, Mon-Fri, 9am- 3pm; Sat & Sun. 12-3pm. Visit llama, sheep, goats, chickens, rabbits. Rent an "activity pack" with activities appropriate for children ages 4-9. Backpack rental, \$5. Info: 781-894-2798 or [www.goreplace.org](http://www.goreplace.org).

## Seminars and Open Houses

### **35<sup>th</sup> Annual NE Adoption Conference**

Sat, April 5, 8am-4pm at Mill Pond School, Westborough. Sponsored by Adoption Community of New England. For those considering adoption, adoptive families or anyone connected to adoption in any way. Info and registration at [www.adoptioncommunityofne.com](http://www.adoptioncommunityofne.com) or call 508-366-9812

### **Covenant School Open House**

April 3, 6-8pm. Covenant School is a 4-year-old kindergarten through 8th grade Christian School. Come tour the school, meet some of the staff and speak to some families enrolled in the school. 9 Westminster Ave, Arl. INFO: 781-643-5511 or [school.covmin.org](http://school.covmin.org)

### **Lesley Ellis School Open House**

Apr 8, 9:30-11am, 41 Foster St., Arlington. Lesley Ellis School is an independent, progressive school for children in Preschool-Grade 5. Learn more about the program and speak with current faculty and parents. For more info, including directions, call 781-641-1346 or [www.lesleyellis.org](http://www.lesleyellis.org)

### **Register NOW for Lesley Ellis Summer 2008!**

Exciting programs for early childhood (ages 2.9 -5) and elementary-age children (6-11). Weekly Sessions begin June 16. Visit [www.lesleyellis.org](http://www.lesleyellis.org) for a brochure and registration information.

## Benefits

### **Mothers of Twins Spring Sale**

Sat. April 5, 10am-1pm at Winchester High School Cafeteria, 80 Skillings Rd., Winch. \$1 admission, under 14 free. Bargains on gently used clothes, toys, baby/child equipment. Cash only. [www.mmotn.org/events.htm](http://www.mmotn.org/events.htm)

### **PTO Thrift Shop**

Benefits Arlington Public Schools  
Basement of the Fox Library,  
Hours: Weds. 4-8pm, Thurs. 9:30am- 1pm, 2<sup>nd</sup> Sat. of the month 12:30—5pm, Gently-used clothing for all ages, toys, books, housewares, and more, Info: 781-483-3433 or [www.ptothriftshop.com](http://www.ptothriftshop.com).

## Groups

### **40-something Mom's Group**

Suzan Wolpow, a licensed therapist with a specialty in women's issues and an older mom herself, has started a new group. This monthly discussion & support group for moms of babies &/or young children meets on Mondays from 9:30-11am in North Cambridge \$25/meeting. Info: 617-441-0758 or [www.yourclearvoice@msn.com](mailto:www.yourclearvoice@msn.com)

### **Arlington Area Adoption Moms**

Contact Rachel Silverman for date and location info. 781-641-2947 or [rachelannathome@yahoo.com](mailto:rachelannathome@yahoo.com)

### **Belmont Food Allergy & Asthma Support Group**

Parents group meets monthly to discuss and advocate for children living with food allergies and asthma. For info contact Theresa Normile 617-489-6668 or [Tnormile@foodallergyfacts.com](mailto:Tnormile@foodallergyfacts.com).

### **Breastfeeding Drop-in Group**

Thurs. 3pm, Isis Maternity,  
For nursing moms and babies, Free,  
Staffed by certified lactation consultants, Info: [www.isismaternity.com](http://www.isismaternity.com).

### **Grandparents' Support Group**

Second Tues. of the month, 12-1:30pm. For grandparents who are primary caretakers of their grandchildren. Free. Info: 781-316-3410.

### **International Adoptions**

Free 8 week support and education group for parents accompanied by their children. Meets Tues 10-11:30am at 1430 Main St, Waltham. Info: 781-693-5677 or [eberne@jfcscoston.org](mailto:eberne@jfcscoston.org).

### **La Leche League**

Dedicated to providing education, information, and support to breastfeeding women . Meetings in the basement of Fox Library on the 3<sup>rd</sup> Tues. of each month at 7:30pm, or 2<sup>nd</sup> Thurs. of the month at 10am in Cambridge (175 Harvey St.). Free For info contact Heather 781-648-2988 or <http://home.comcast.net/~jrsladkey/lll/index.html>.

### **Learn & Play Adoption Group**

For parents and adopted children ages 0-5yrs. Facilitated by First Connections. Community Agencies bldg., Emerson Hospital, 111 Old Rd. to 9-Acre Corner, Concord. Registration required \$30. Info: 978-287-0221 or [www.jri.org/cfys/](http://www.jri.org/cfys/).

### **New Babies/New Mom's Group**

First time mothers bring infants up to 6 months old to meet with other mothers and a leader for support and discussion. Session begins Sept 18. Info: [www.warmlines.org](http://www.warmlines.org).

### **New Mothers' Drop-in Group**

For mothers with children under 1yr. Fri. 10-11:30am. Calvary United Methodist Church, 300 Mass. Ave. Arl. Free, non-sectarian, facilitated group. Sponsored by Jewish Family & Children's Svcs. Info: 617-558-1278.

### **New Mother's Group**

Tues. 11:30am-1pm, Temple Isiah, 55 Lincoln St, Lexington, Sponsored by the Parent Connection of BIDMC. Free 8 week sessions, Registration required. Info: 617-667-2229.

### **Older First -Time Moms**

3<sup>rd</sup> Weds. of each month , 7pm Fox Library. Social and support group for first-time moms in their late 30's and 40's, Free, Suggested \$1 donation. Info: 781-674-2029.

### **Postpartum Adjustment Support Group**

Fridays 1-2:30 in West Newton, Drop-in, Contact Haven Fyfe-Kiernan, MSW, LICSW to register (617-739-1022) or to discuss private therapy specializing in postpartum adjustment

and parenting issues. Sponsored by Jewish Family & Children's Svcs.

### **Spanish Learning by singing**

Learn Spanish by singing about everyday events. Next session begins Apr 1 at Jefferson Cutter House. More info and enrollment at 617-852-9687 or [www.singalingo.googlepages.com/home2](http://www.singalingo.googlepages.com/home2).

### **Spanish Playgroup**

Formed by an Arlington-based group of parents, the age range is 1-8 yrs old. Spanish skill ranges from beginner to bilingual. Most of the families have one parent who speaks some Spanish. For info contact Deb Savage at [debsavage@juno.com](mailto:debsavage@juno.com).

### **We Are Family**

3<sup>rd</sup> Thurs. of the month, 7-9pm Community Agencies bldg., Emerson Hospital , 111 Old Rd. to 9-Acre Corner, Concord , Support group for parents of older (3yrs.+) internationally adopted children or children previously in DSS custody. Info: 978-287-0221 or [www.jri.org/cfys/](http://www.jri.org/cfys/).

### **Working Moms Group,**

Did you know that over 40% of AFC mom's are juggling both careers and families? Get together with other working moms! Every 3rd Wednesdays of the month at 7:30 pm, Arlington Enrichment Collaborative, 1100 Mass. Ave - 2nd floor, across from Jimmy's Steerhouse .This is for ALL working mothers - both new and experienced! Please RSVP to [workingmoms@arlingtonfamilyconnection.org](mailto:workingmoms@arlingtonfamilyconnection.org)

**Arlington Family  
Connection  
P.O. Box 150  
Arlington, MA 02476**

**April, 2008**

## AFC Membership/Renewal Form

**New member**  **Renewal** Date: \_\_\_\_\_

**Gift membership from:** \_\_\_\_\_

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email Address(es): \_\_\_\_\_

**All AFC correspondence (announcements and newsletters) are sent out via email by default.**

**Please check below if you would rather:**

Printed newsletter mailed to me, in addition to email.

Printed newsletter only, not the email version.

I prefer not to receive any email from AFC. (Printed newsletter will be mailed to you.)

**Please list your child(ren):** (if applicable)

Name                      Gender Date of Birth (mo/year)

**School District:** (circle one for geographic location)

Bishop   Brackett   Dallin   Hardy

Peirce   Stratton   Thompson   Out-of-Town

**Would you like to be contacted about volunteering?**

Yes  No

### **Volunteer Interests**

(check all that apply)

Events/Parties  New Parent Outreach

Newsletter  Outings with Kids  Playgroups

Outings without Kids  Seminars  Web Site

Email Bulletin  Childcare & Preschool Options

Publicity  Membership  Working Moms

Community Service  Kindergarten Connections

Treasurer/Clerk  Other \_\_\_\_\_

**Membership Fees:** All memberships renew in August, 2008, and begin September 1<sup>st</sup> for a flat \$20/yr.

**Sponsor Member (\$25).** Enjoy the usual benefits of membership plus make a \$5 donation to help support new AFC programs.

**Standard Member.** Circle the month you are joining:

\$20 (August/September/October)

\$15 (November/December/January)

\$10 (February/March/April)

\$5 (May/June/July)

Please mail membership form and check to:

Arlington Family Connection

P.O. Box 150

Arlington, MA 02476